

Sept 2020

THE HANS FOUNDATION EYE CARE 



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1. SAME DAY SURGERIES



Since August, 20 we started to focus on “Day care surgery” whereby selected patients undergo planned surgical procedure, returning home on the same day. Now, they represent 100% of all our surgeries.

Surgical day cases have been identified as a priority area to improve our efficiency levels. We intend to establish treating day surgery (rather than inpatient surgery) as a norm for all elective surgeries.

The advantages of day care surgery are: Shorter inpatient stays, Lower infection rates, reduced waiting lists and Productive teams.

- Now since September,20 - Our focus is also to perform "Same day surgeries". In same day surgeries, patient get the facility of surgery on the day, he/she has been advised surgery. In the m/o September,20 THF EC has performed 13 "Same day surgeries" which is 14% of the total surgeries performed in the m/o September,20.
- Patients have welcomed "Same day surgery" move as it reduces Multiple visits, especially for patients who are visiting from far places. Also, patients as well as their attendant do not have to take a extra day off from their work.
- The safety and efficacy of our "Day care surgery" and now "Same day surgery" programs is our prime focus.

2. PHACO FOCUS

To provide the best quality Eye Care to all its patients The Hans Foundation Eyecare has taken the step to provide the most advanced Cataract surgery platform, PHACO EMULSIFICATION with Foldable IOL implantation to all the patients. Our first choice for all Cataract patients (Camp or Subsidized) would only be PHACO. SICS would only be done where clinically deemed fit.

PHACO has proven its Technical superiority as well as more safe procedure. A specially constructed Micro incision 3mm or less, ensures maximum wound stability, minimizes post of complications, minimizes the chance of Post op Infections, and maximizes visual out come without spectacle.

From 17th September PHACO surgery package has been revised from earlier 8800 rupees to 5000 rupees. Benefit of revised rate has been given to 18 patients. In September month, 68% of the total cataract surgeries has been performed with PHACO procedure. Whereas in August PHACO was 49% and before lockdown period (Jan to March) PHACO surgery % was below 40%.



3. SHOULD CELL PHONES BE BANNED AT THF EC ?

Smartphones have become our shopping cart, our bank machine, and our direct line to family and friends. Smartphones are also used for watching movies, checking the news or scrolling through pictures or comments on various social networking platforms. As per various published studies: We check our phones constantly — on average, we spend three hours a day on them.

Have we thought what is it like for patients and families to see us on phones at work ? For someone being very engrossed by their phone, doesn't that take their attention away from the room with patient settings ? How many times in a day do we use our cell phones for non-work-related purposes ?

So should cell phones be banned at THF EC ? Telling staff to lock up your cell phone when you come to work and you can't look at it does not sound reasonable. But, cell phone should not in any way distract a staff member from patient care and their duties and responsibilities. It really is a collective responsibility, and hopefully THF EC staff recognize this. The first priority must always be the patient.



When we talk to our patients while looking at our cell phones – In their mind, patients think: “I wanted you to hear me and I know you’re not listening.”

4. INTRODUCTION - NEW DOCTORS



Dr. Abhishek Goel
Visiting Consultant
Ophthalmology

Education

- M.B.B.S. (H.N.B University Uttarakhand)
- M.S (Maulana Azad Medical College, New Delhi)
- DNB, FLVPEI (Retina), FICO(UK), FAICO, FRCS (Glasgow)

Experience

- Consultant at Centre for sight eye hospital, New Delhi.
- Senior Resident at Maulana Azad Medical College, New Delhi

Accomplishment/Achievements

- Star Consultant award at CFS New Delhi.
- Best Papers & Posters award at DOS/AIOS.
- National and International publications in AAO/AIOS.

Location and Duration of OPD

- The Hans Foundation Eye Care Bahadradab, Haridwar
- Monday to Saturday: 9:00 AM – 1:00 PM

Membership

- All India Ophthalmology Society.
- Delhi Ophthalmology Society.



Dr. Ravi Swarup Agarwal
Consultant
Ophthalmology

Education

- M.B.B.S. (University of Rajasthan)
- Diploma in Ophthalmology (A.M.U Aligarh)
- F.C.L.I (Contact Lens Research & Training Institute, Aligarh (U.P))

Experience

- Consultant & Clinical Incharge Eye Q super specialty Eye Hospital, Muzaffarnagar.
- Eye Specialist at Swami Bhoomanand Hospital, Haridwar.
- Sr.Ophthalmologist at Madni Eye Hospital, Deoband, U.P.
- Sr.Ophthalmologist at Maharaja Agrasen Netra Chikitsalya, Udham Singh Nagar, Uttarakhand.

Membership

- All India Ophthalmology Society.
- Delhi Ophthalmology Society.
- Haridwar Ophthalmology Society.
- U P Ophthalmology Society.
- Indian Medical Association.

Location and Duration of OPD

- The Hans Foundation Eye Care Bahadradab, Haridwar
- Monday to Saturday: 8:00 AM – 1:00 PM

Accomplishment/Achievements

- President Award –UTTARAEYCON-2013.
- Special Mile Award-2017 in Eye Q Hospital.
- Highest Cataract conversion Award-2017.
- Original Articles on Glaucoma in Souvenir of Uttaraeyecon 2013.
- Original Articles on Glaucoma presented in Optharequest 2018.



Dr. Preeti Bala
Consultant
Anaesthesia and Quality

Education

- M.B.B.S. (Lady Hardinge Medical College, University of Delhi)
- Diploma in Anesthesia (Maulana Azad Medical College, University of Delhi)
- PGDHHM (IGNOU)

Experience

- Consultant Anesthesiologist at Dr Shroff Charity Eye Hospital, Delhi (2005-2015).
- Founding member of Quality Assurance Program
- Head of Hospital Infection Control Committee

Accomplishment/Achievements

- Management Training at Arvind Eye Care Foundation.
- Presentation Ophthalmic Anesthesia conference.

Membership

- Indian Society of Anesthesiologists.

Location and Duration of OPD

- The Hans Foundation Eye Care Bahadrabad, Haridwar
- Monday to Saturday: 10:00 AM – 4:00 PM



Dr. Aakash Deep
Resident Medical Officer

Education

- M.B.B.S. (Aaryabhattach Knowledge University, Patna)

Experience

- Junior Resident department of Cardiology AIIMS, Rishikesh.
- RMO at The Hans Foundation General Hospital, Satpuli.

Accomplishment/Achievements

- 2D Echocardiography, Holter and TMT at AIIMS, Rishikesh

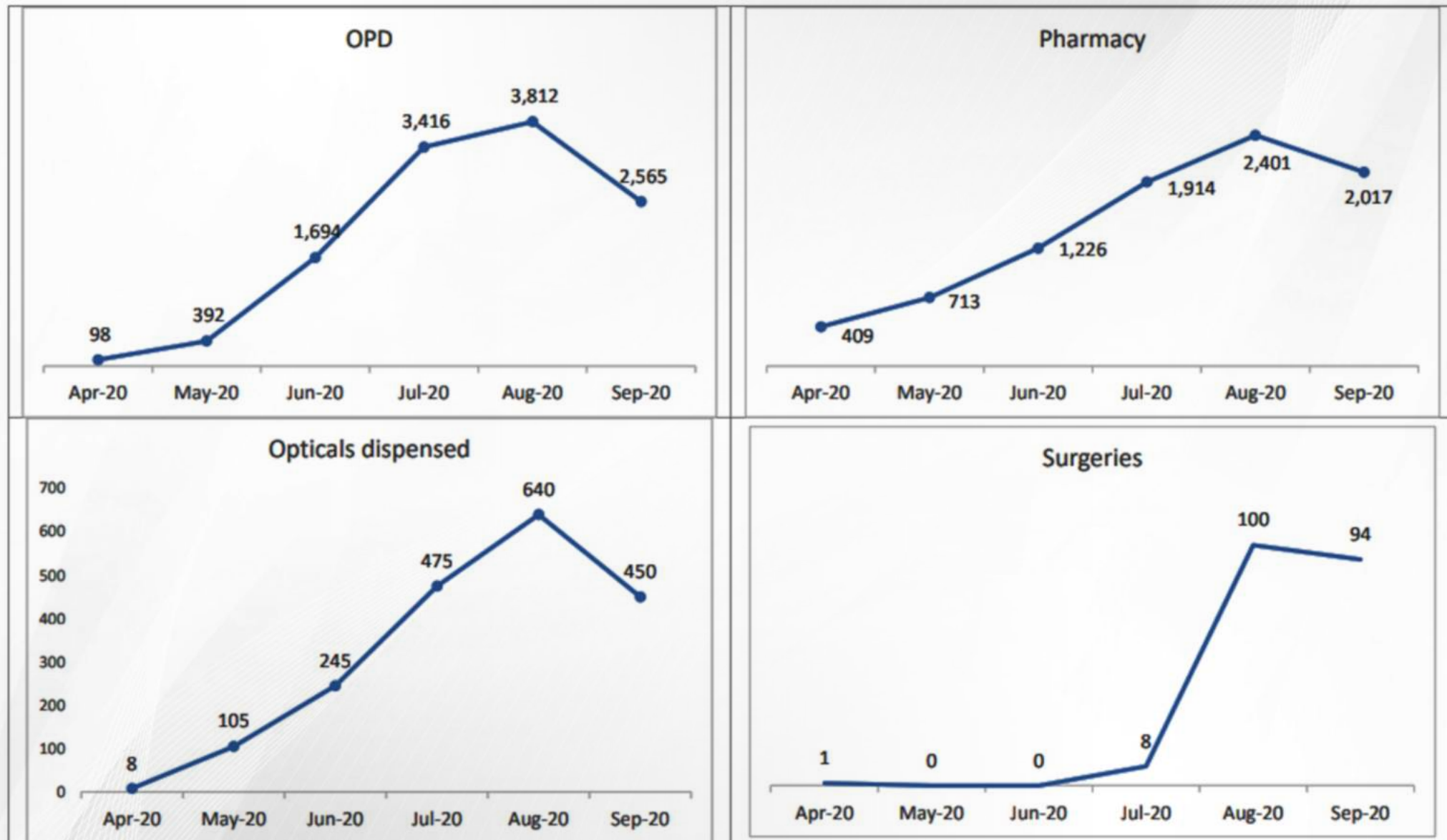
Membership

- Uttarakhand Medical Council.

Location and Duration of OPD

- The Hans Foundation Eye Care Bahadrabad, Haridwar
- Monday to Saturday: 9:00 AM – 5:00 PM

5. DATA SNAPSHOT (THF EC was operational for 15 days)



6. PATIENT CARE - PHOTOGRAPHY COMPETITION WINNERS

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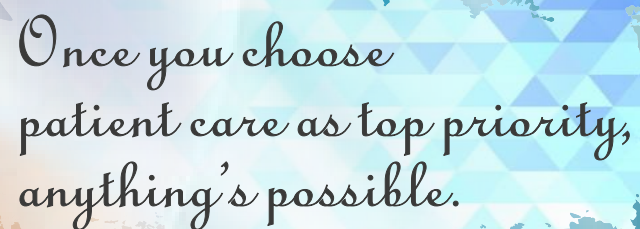
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NANDINI




7. PATIENT CARE QUOTES



*Once you choose
patient care as top priority,
anything's possible.*



PATIENTS MAY FORGET YOUR
NAME, BUT THEY WILL
NEVER FORGET HOW YOU
MADE THEM FEEL.



*The day you
plant the seed is
not the day you
eat the fruit.*



*Take care
of the patients
and
everything else
will follow*



*Be patient
with patients
who are not patient.*

8. KNOW YOUR COLLEAGUE

नाम: नीलम

THFH में कार्य करने के लिए आपको क्या प्रेरित करता है ?

2014 में बारहवीं पास करने के पश्चात से बतौर ऑप्टोमेट्रिस्ट काम करने तक THFEC में मुझे आगे बढ़ने के सुनहरे अवसर प्राप्त हुए हैं। दो साल MLOP की ट्रेनिंग करने के पश्चात मुझे ऑप्टम चैम्बर, ओपीडी तथा वार्ड में काम सिखने और करने का मौका मिला है। मुझे जीवन में आगे क्या करना चाहिए इसकी प्रेरणा और राह मुझे यही मिली। 2015 से 2017 तक बीएससी ऑप्टोमेट्रिस्ट का कोर्स करने के बाद अब मैं द हंस फाउंडेशन आई केयर हॉस्पिटल में ऑप्टोमेट्रिस्ट के पद पर कार्य कर रही हूँ।



हमें अपने परिवार के बारे में बताएं ?

परिवार में मुझे मिलाकर 5 सदस्य हैं। मैं परिवार में सबसे छोटी हूँ। मम्मी हाउसवाइफ हैं, पापा BHEL से रिटायर्ड हैं, बहन टीचर हैं और भाई अभी पढ़ाई कर रहा हैं।

आप अपने खाली समय में क्या करना पसंद करते हैं ?

खाली समय में अपने परिवार के साथ समय बिताना पसंद करती हूँ। छोटे बच्चों के साथ खेलना, एनिमेटेड मूवीज देखना, गाने सुनना, ऑनलाइन शॉपिंग करना मुझे बहुत पसंद हैं।

आपकी प्रेरणा और आदर्श कौन हैं ?

मेरे पापा, क्योंकि उन्होंने हम सभी बच्चों को अच्छी पढ़ाई और अच्छे संस्कार दिए और अपने से बड़ों का आदर करना सिखाया।

सहकर्मियों के लिए कोई संदेश ?

सभी सहकर्मी कोरोना के इस समय में अपना और अपने परिवार का ध्यान रखें। जितना हो सके अतिरिक्त सावधानी बरते और अस्पताल में समय - समय पर दी जा रही जानकारी एवं नियमों का पालन करें।

रैपिड फायर

जन्म तिथि : 31 दिसम्बर 1996

फिलोसोफी : सदैव बड़ों का आदर और हर कार्य में ईमानदारी

पसंदीदा रंग : गुलाबी

पसंदीदा खाना : भारतीय व्यंजन

पसंदीदा एक्टर : अक्षय कुमार

पसंदीदा मूवी : एनिमेटेड मूवीज

पसंदीदा पुस्तक : कोई भी नहीं

पसंदीदा पर्यटन स्थल : पर्वतीय क्षेत्र

