

EYE DEPARTMENT  
आंख-विभाग

Health for all

# Reflections

Hans Hospital, Haridwar | Hans Hospital, Satpuli | Hans Clinic, Kotdwar

MAY 2024

## WELCOME TO THE MAY EDITION OF OUR EMPLOYEE NEWSLETTER,



Dear Readers,

As the sun rises on the dawn of June, we are delighted to present the latest edition of our newsletter. With summer in full swing and a sense of renewal in the air, this month's newsletter is brimming with exciting updates, inspiring stories, and valuable insights.

As we embark on this journey through June, let's embrace the spirit of possibility and adventure. Together, let's make this month one to remember, filled with joy, growth, and meaningful connections.

Stay tuned for more updates and stories in the upcoming pages. Happy reading!

Warm regards,





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May 2024

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# MUTUAL RESPECT : A Pillar of Excellence at Hans Hospitals

At Hans Hospitals, we pride ourselves on fostering a culture of mutual respect that serves as the cornerstone of our organization's success. Mutual respect is not just a value we uphold; it's a guiding principle that shapes every interaction, decision, and endeavor within our hospital group.

In a hospital setting, where collaboration and teamwork are paramount, mutual respect is essential for fostering a positive work environment. When every member of our team feels valued and respected, they are more motivated, engaged, and committed to delivering exceptional care to our patients.

When employees feel respected and appreciated, they are more likely to Feel Valued, Collaborate Effectively, Experience Job Satisfaction, Develop Trust, and Promote Diversity and Inclusion.

We Cultivate Mutual Respect through **Leading by Example**. Leaders play a crucial role in setting the tone for respectful behavior. By modeling mutual respect in their interactions and decisions, leaders inspire others to do the same.



**THFH**  
**Core Values**



# Operational & Clinical Highlights

## Hans Hospital, Haridwar

**20,050**

TOTAL OPD

Ophthalmology : 18,993  
ENT : 1,057

**1,262**  
SURGERIES

Ophthalmology Surgeries : 1,258

ENT Surgeries : 4

Hans Haridwar's 17 ENT surgeries performed at Satpuli. These surgeries are not added in Hans Haridwar surgeries.

**99%**

PHACO SURGERIES THIS MONTH & 1% SICS

**36 minutes**

STAY TIME OF APPOINTMENT PATIENTS IN THE HOSPITAL

**49%**

NEW PATIENT% THIS MONTH

Painless surgery has considerably impacted the patient experience.

**2,497**

OPTICAL DISPENSING THIS MONTH

**60%**

OPTICAL CONVERSION% THIS MONTH

**11,048**

PHARMACY DISPENSING THIS MONTH

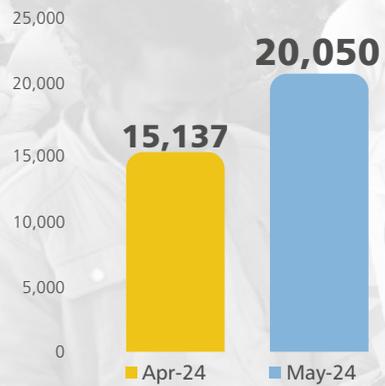
**44%**

PHARMACY CONVERSION% THIS MONTH

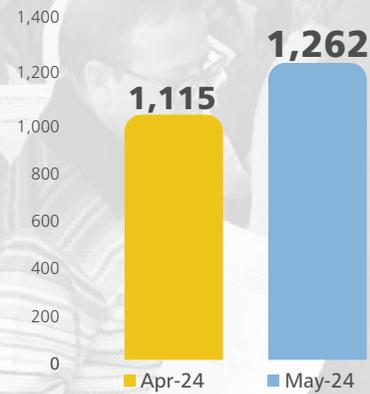
# Comparative Performance Analysis

## Hans Hospital, Haridwar

### OPD



### SURGERIES



### OPTICALS DISPENSED



### PHARMACY DISPENSED



A photograph of three surgeons in an operating room, wearing green scrubs, masks, and hairnets, focused on a patient. A large surgical light fixture is visible above them.

# Operational & Clinical Highlights

**Hans Hospital, Satpuli**

**11,706**

**TOTAL OPD**

Ophthalmology : 1,928  
Internal Medicine : 2,792  
General Surgery : 1,137  
Orthopedics : 886  
Obs & Gyna : 266  
Dental : 508  
ENT : 342  
Outreach : 3,847

**981**

**SURGERIES**

Ophthalmology : 825  
General Surgery : 103  
Orthopedics : 19  
Obs & Gynae : 4  
ENT : 30

**2,403**

**RADIOLOGY**

X-Ray : 1,348  
ULTRASOUND : 784  
CT-SCAN : 271

**51%**

**NEW PATIENT% THIS MONTH**

**Painless surgery has considerably impacted the patient experience.**

**1,374**

**TOTAL ADMISSIONS**

Ophthalmology : 1,030  
General Surgery : 120  
Internal Medicine : 124  
Orthopedics : 30  
Obstetrics Gynaecology : 4  
ENT : 66

**268**

**EMERGENCY FOOTFALLS**

**200**

**DIALYSIS**

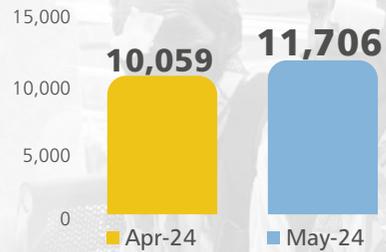
**6**

**TOTAL DELIVERIES**

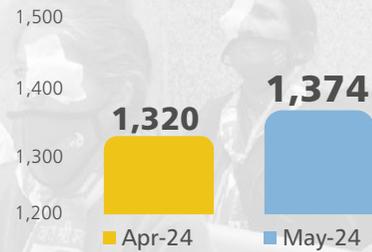
# Comparative Performance Analysis

## Hans Hospital, Satpuli

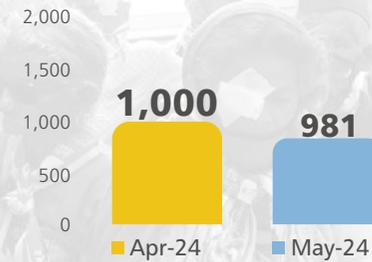
### OPD



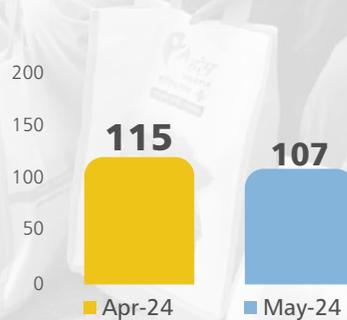
### ADMISSIONS



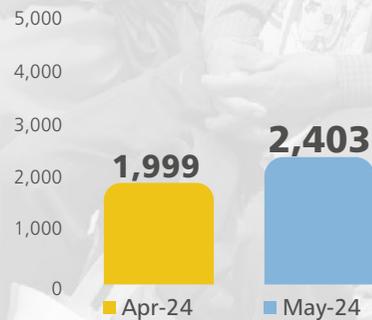
### SURGERIES



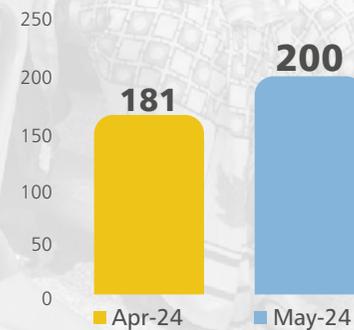
### AVERAGE DAILY OCCUPIED BEDS



### RADIOLOGY INVESTIGATIONS



### DIALYSIS





# Operational & Clinical Highlights

Hans Clinic, Kotdwar

**4,273**

TOTAL OPD

Ophthalmology : 3,307  
ENT : 319  
General Surgery : 21  
General Medicine : 626

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**184**

SURGERIES

Ophthalmology : 158  
ENT : 9  
General Surgery : 13  
Orthopedics : 4

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**3,265**

PHARMACY DISPENSING  
THIS MONTH

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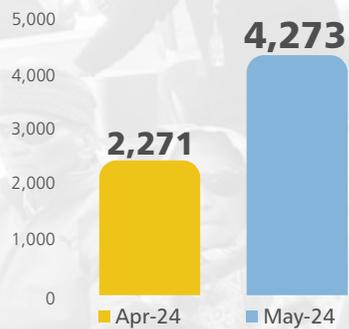
**1,474**

OPTICAL DISPENSING  
THIS MONTH

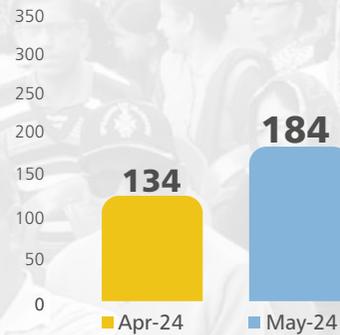
# Comparative Performance Analysis

## Hans Clinic, Kotdwar

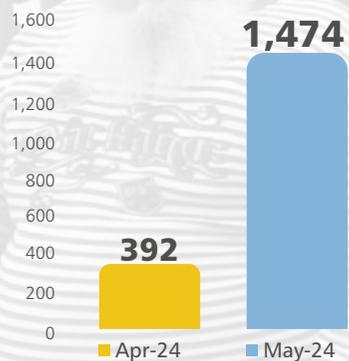
### OPD



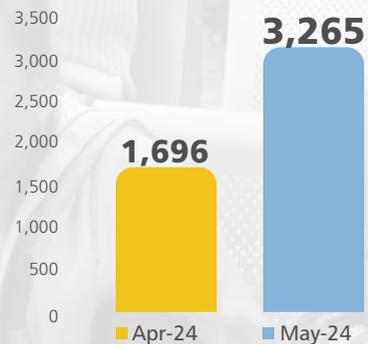
### SURGERIES



### OPTICALS DISPENSED



### PHARMACY DISPENSED





# “Celebrating Milestones”

**SUPER MAY AT HANS HOSPITALS, HARIDWAR**

**OPDS- 20,050, SURGERIES- 1,279, MEDICINE- 11,048, OPTICALS- 2,497**

May is often seen as a slow month in Ophthalmology, due to sudden increase in heat. But in this year, due to the hard work of all of all clinical and supporting staff and the unwavering faith of the patients on Hans Hospitals, May 2024 has broken all the records for Hans Hospital, Haridwar in the last 10 years.

Let's continue this momentum and move toward even greater patient care successes in the future.



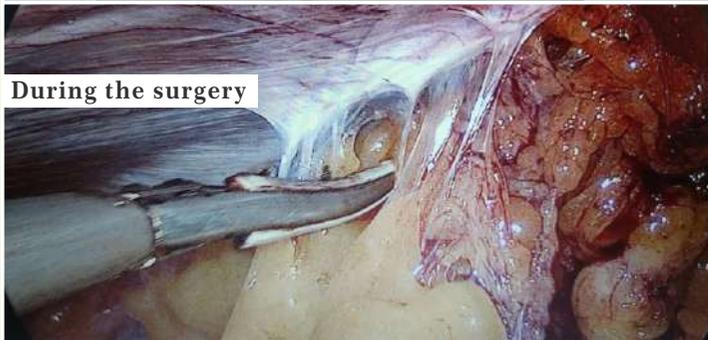
# Patient Story of Triumph

General Surgery - Hans Hospital, Satpuli

## DEEPA VEDI'S JOURNEY TO RECOVERY AT HANS HOSPITAL



Patient Carrying Stoma Bag



During the surgery



Stoma Closure Post Surgery

On January 1, 2024, Deepa Vedi, a 45-year-old resident of Lansdowne, Jaihrikal, came to Hans Hospital, Satpuli, seeking help for a long-standing issue. Deepa had been battling fibroids in her uterus, initially treated at a hospital in Ghaziabad. Unfortunately, the fibroids reappeared, necessitating another surgery at AIIMS. During this operation, Deepa's intestine was injured, leading to the placement of a stoma bag to temporarily reroute her stool path. This was supposed to be a temporary measure, but due to Deepa's diabetes, AIIMS declined to perform the subsequent corrective surgery. Consequently, Deepa had been using a stoma bag since 2016.

Seeking a solution, Deepa arrived at Hans Hospital in January 2024. Dr. Arunesh Dubey, a skilled General Surgeon, evaluated her condition and advised a series of three surgeries: Stoma Closure, Incision and Drainage (I&D), and Ulcer Debridement with Secondary Suturing. These surgeries were meticulously planned and executed over the course of a month:

1. On January 29, 2024, the first and longest surgery, lasting 3.5 hours, involved cleaning the anus through endoscopy.
2. On February 7, 2024, the second surgery, which took 1.5 hours, closed the stoma by disentangling the intestines inside the abdomen and reconnecting them.
3. On February 22, 2024, the final and shortest surgery, taking only 15 minutes, allowed Deepa to pass stool naturally through her anus.

This series of surgeries required the dedicated efforts of our OT team, including Rajesh, Sonu Gautam, Rahul, Vijay, Hemant, Sheetal, and Anesthetist Dr. Vaibhav. Their unwavering commitment and expertise were instrumental in ensuring the success of the procedures.

Deepa was discharged on February 29, 2024, after a thorough evaluation confirmed there were no further complications. Following three months of monitored recovery, Deepa has completely recovered and can now defecate naturally, a feat that had not been possible for the past eight years.

This remarkable journey to recovery stands as a testament to the dedication and skill of the medical team at Hans Hospital, and Deepa Vedi's story is one of triumph and hope.

# Patient Story of Triumph

Retina Surgery - Hans Hospital, Haridwar

## LANDMARK SURGERY AT HANS FOUNDATION: FIRST USE OF TITANIUM MACULA BUCKLE IN UTTARAKHAND



During the surgery



After the Surgery

On May 29, 2024, Hans Hospitals Haridwar achieved a groundbreaking milestone by performing the first successful surgery in Uttarakhand to remove the retina using a titanium macula buckle. This innovative procedure was made possible thanks to Chintan Desai, who procured the specialized titanium macula buckle from abroad.

The patient, a 64-year-old, had been suffering from vision problems due to the displacement of the retinal curtain and eye enlargement. The retinal curtain had moved out of place, causing significant issues with distance vision. Traditional silicone buckles, commonly available in India, were not suitable for this case. The titanium macula buckle, however, offered a promising solution.

During the intricate two and a half-hour surgery under local Anesthesia, the medical team including Dr. Chintan Desai, Dr. Mohit Garg, OT team - Ashish, Sachin, Riya, successfully repositioned the retinal curtain by placing the titanium macula buckle behind the patient's eye.

Typically, such a procedure would cost between one to one and a half lakh rupees, but the patient received this life-changing surgery at no expense.

This pioneering surgery not only showcases the medical advancements at Hans Foundation but also underscores the hospital's commitment to providing world-class healthcare to its patients.

The patient is fully satisfied and happy with the treatment and care provided by the hospital.

# Employee Spotlight

## Recognizing Our Healthcare Heroes

मानवता की सेवा में एक प्रेरक यात्रा

### वीरेन्द्र सिंह कोहली

जन्मतिथि - 10 जुलाई 1986

#### कैरियर यात्रा

वीरेन्द्र सिंह कोहली की कैरियर यात्रा 2011 में फायर सेफटी के कोर्स के साथ शुरू हुई। इस कोर्स ने उनके जीवन को एक नई दिशा दी और उन्होंने दिल्ली, उड़ीसा, गुजरात, पश्चिम बंगाल और राजस्थान में सेफटी अफसर के पद पर कार्य किया। 2017 में, उन्होंने हंस अस्पताल में काम करने का अवसर प्राप्त किया। आज, वे हंस अस्पताल में फायर सेफटी, सिक्योरिटी, सर्विस एक्सीलेंस और ओपीडी मैनेजमेंट विभाग में अपनी सेवाएं दे रहे हैं। अपनी टीम को आगे बढ़ाने के लिए वे निरंतर प्रेरित करते रहते हैं।

#### पसंदीदा भोजन और जगह

वीरेन्द्र को कड़ी चावल और सोयाबीन सब्जी बहुत पसंद हैं। उनकी पसंदीदा जगह सूरत, गुजरात है, जहां उन्होंने अपने जीवन के कुछ यादगार पल बिताए हैं।

#### परिवार

वीरेन्द्र का परिवार उनके जीवन का महत्वपूर्ण हिस्सा है। उनके परिवार में माता-पिता, पत्नी, छोटा भाई और एक प्यारा सा पालतू कुत्ता है जिसका नाम मैक है।





## गौरवपूर्ण क्षण

उनके जीवन का सबसे गौरवपूर्ण क्षण वह था जब उन्होंने हंस अस्पताल में अपनी सेवाएं देना शुरू किया। उन्हें बुजुर्ग मरीजों की सेवा करने का मौका मिला, जिससे उन्हें आजीविका के साथ-साथ उनका आशीर्वाद भी मिला। हाल ही में, हंस अस्पताल में 5 साल पूरे होने पर उन्हें लॉन्ग सर्विस अवार्ड से सम्मानित किया गया और रोगी अनुभव को बेहतरीन बनाने के लिए उनकी कड़ी मेहनत के परिणामस्वरूप 17 आउटसोर्स सुरक्षाकर्मियों को अस्पताल के कर्मचारियों के रूप में नियुक्त किया गया।

## प्रेरणा और आदर्श

अपने जीवन की यात्रा में उन्होंने अनेक प्रेरणादायी व्यक्तित्वों से प्रेरणा ली। वीरेन्द्र के लिए प्रेरणा के आदर्श वे लोग हैं जो आत्ममन और सकारात्मक सोच के साथ अपने कार्यों को अंजाम देते हैं और हमेशा कुछ नया करने और सीखने की जिज्ञासा रखते हैं। ऐसे लोगों से प्रेरणा पाकर वीरेन्द्र हमेशा नई चीजें सीखने की कोशिश करते रहते हैं।

## आपने यह पेशा क्यों चुना

वीरेन्द्र ने मानवता की सेवा और रक्षा करने के उद्देश्य से अपना पेशा चुना। वह अपने कार्य में पूरी मेहनत और समर्पण से जुटे रहे हैं।

## THFH के बारे में सबसे अधिक यह पसंद है

उन्हें THFH के बारे में सबसे अधिक यह पसंद था कि यह संस्था मरीजों को बेहतरीन स्वास्थ्य सेवाएं और अनुभव प्रदान करती है और कर्मचारियों की कड़ी मेहनत को सम्मानित और पुरस्कृत करती है।

## सबसे यादगार समय

वीरेन्द्र के जीवन का सबसे यादगार समय साल 2012 में सूरत, गुजरात में बिताए हुए पल थे।

## शौक और रुचियाँ

वीरेन्द्र अपने खाली समय में भी अपनी ऊर्जा को सकारात्मक और प्रेरणादायक गतिविधियों में लगाते हैं। ड्यूटी से घर लौटने के बाद, वे अधिकतर समय अपने प्यारे पालतू कुत्ते मैक के साथ बिताते हैं। मैक उनके लिए सिर्फ एक पालतू जानवर नहीं, बल्कि एक दोस्त, साथी और परिवार का हिस्सा है। उनके शौक संगीत सुनना और मोटिवेशनल वीडियो देखना हैं, जो उन्हें न केवल मनोरंजन प्रदान करता है बल्कि उन्हें नई ऊर्जा और प्रेरणा से भर देता है।



# Shining Stars

May



Five years ago, Puneeta embarked on her journey with us, and today, she is at the helm of the Optometry Department. Her leadership is marked by a unique blend of soft-spoken demeanor and an unwavering dedication to hard work. These qualities set her apart. Puneeta's commitment and exemplary conduct continue to inspire and uplift everyone around her. We are proud to celebrate her as our Shining Star.



Simran has been a dedicated member of The Hans Foundation Hospitals since 2016, starting her career as an MLOP alongside many others. Throughout her tenure, she has been assigned various roles at the Haridwar and Satpuli units, where she demonstrated exceptional commitment and skill, consistently providing high-quality care to her patients. Outside of work, Simran is an avid traveler who enjoys exploring new places and cultures. She is also a keen reader, often immersed in novels during her leisure time. Simran's promotion to Nursing Incharge is a testament to her hard work and commitment, and we are confident that she will continue to excel and inspire those around her in this new role.

***Congratulations to Puneeta and Simran for being chosen as our Shining Stars!***



**Puneeta**  
**Optom Incharge**  
**Hans Hospitals, Haridwar**



**Simran**  
**Nursing Incharge**  
**Hans Hospitals, Satpuli**

# Department Showcase

## Unveiling the Distinctive Achievements and challenges

### ENT DEPARTMENT (Haridwar, Satpuli, Kotdwar)

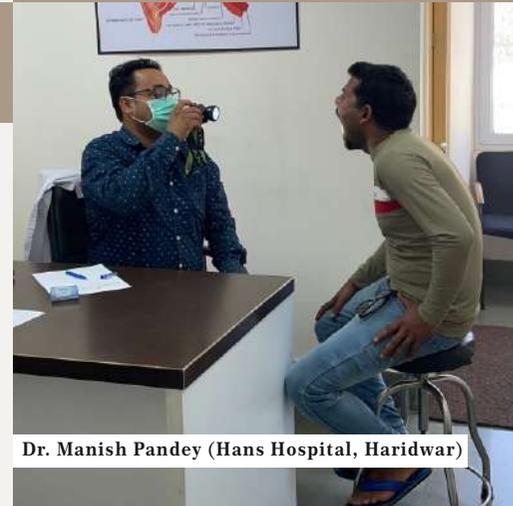
The ENT department at Hans Hospital, Satpuli was established in June 2019 under the guidance of Dr. Sameer Topno. Since its inception, the department has provided essential medical care to both walk-in patients and those from outreach camps. Over this period, it has conducted close to 3,000 OPD consultations and successfully performed 322 surgeries.

Since September 2023, the Kotdwar unit has been organizing ENT camps where patients receive medical treatments and basic procedures. Those requiring surgical interventions are referred to Satpuli hospital. Since then, approx. 5000 OPD consultations and 115 surgeries have been conducted at Kotdwar.

The ENT department at the Haridwar unit was inaugurated on January 15, 2024, with a mega camp. Since then, the unit has conducted a total of 5000 (approx.) OPD consultations and successfully completed 79 surgeries. Additionally, a recent camp in Mussoorie resulted in 5 surgeries, all managed at Satpuli.

Initially, surgeries from both the Haridwar unit and the Kotdwar clinic were conducted at GH Satpuli. However, starting from May 14, 2024, the Haridwar unit has been empaneled under the Ayushman Bharat scheme, allowing certain cases to be treated directly at Haridwar. Soon the Haridwar unit will be a well-equipped ENT unit. Having NABH accreditation for multi-specialty services in Haridwar, will enable all cases from Haridwar and Kotdwar units to be performed exclusively at the Haridwar unit.

Our dedicated ENT team includes Dr. Sameer Topno, Dr. Manish Pandey, Dr. Rakesh Rawat, Varsha Gauniyal, Shivani Chaudhary, and Gaurav.



Dr. Manish Pandey (Hans Hospital, Haridwar)



Dr. Sameer Topno (Hans Hospital, Satpuli)



Dr. Rakesh Rawat (Hans Clinic, Kotdwar)

# Community Engagement and Outreach

## Making a Difference Together

### “ EXPANDING OUTREACH EFFORTS TO MUSSOORIE : A NEW CHAPTER IN COMMUNITY ENGAGEMENT ”

In our ongoing commitment to community engagement, we have taken a significant step forward by extending our outreach programs to **Mussoorie, located 90 kilometers** from our **Haridwar hospital**. This initiative was inspired by a survey conducted by our outreach program coordinators, which revealed a critical shortage of **ophthalmologists and ENT specialists** in the entire Mussoorie area. With a current estimated population of **approximately 42,000 in Mussoorie Nagar Palika Parishad as of 2024**, the need for these services is clear.

Our first eye and ENT camp was held on May 4 & 5 at the Benevolence Care Clinic. Patients received free consultations from our experienced team, of doctors, optometrists, audiometrist, and nursing staff. The camp was a tremendous success, screening a total of 800 patients and identifying 200 for surgeries. We dispensed medicines to 500 patients and provided 300 pairs of eyeglasses at no cost. Out of all the identified patients, around 20 Eye & ENT surgeries have already been performed at our hospitals in Haridwar and Satpuli respectively.

Moving forward, our team will conduct **free medical camps in Mussoorie every month**. Patients identified for surgeries will be referred to our hospitals in Haridwar and Satpuli for further treatment. This initiative aims to make a meaningful difference in the lives of people in Mussoorie and nearby areas who have been struggling due to a lack of adequate healthcare facilities.

By expanding our reach and offering essential medical services, we hope to improve the quality of life for the residents of Mussoorie, ensuring they have access to the healthcare they need.



OUTREACH PROGRAM IN MUSSOORIE



# Life Beyond Work

## Hans Hospital, Haridwar

### LAKPA AND HER FAMILY'S HOLY VISIT TO HIS HOLINESS THE DALAI LAMA IN DHARAMSHALA



On May 6, 2024, Lakpa from the Optom department and her family had the honor of visiting His Holiness the Dalai Lama in Dharamshala. It was a spiritually enriching experience for the family, as they received blessings and guidance from the revered spiritual leader.

### CELEBRATING 10 YEARS OF DEDICATION AT HANS HOSPITALS, HARIDWAR



Nandini, Lakpa, Jyoti, Heena, and Neelam recently completed 10 years at Hans Hospitals, Haridwar. As members of the very first batch of employees, their decade of continuous service was celebrated with a joyful outing on May 15, 2024. We extend our best wishes to them for their unwavering dedication and commitment.

### DEEPA TIES THE KNOT WITH MOHIT



Deepa from the Optometry department recently tied the knot with Mohit. The wedding was a beautiful ceremony filled with love and joy, marking the beginning of a new chapter in their lives.

### ASHIMA, NEERAJ, AND TUSHAR FROM HR VISIT



On May 19, Ashima, Neeraj, and Tushar from the HR department visited the serene Tarkeshwar Mahadev Temple in Lansdowne. The trip offered them a peaceful retreat and a chance to rejuvenate amidst nature's tranquillity.

**VISHAL FROM MRD EMBARKED ON A TRIP TO KEDARNATH, CHOPTA, TUNGNATH, AND BADRINATH WITH HIS FRIENDS**



Vishal from MRD set off on an adventurous trip with his friends on May 19, visiting the holy sites of Kedarnath, Chopta, Tungnath, and Badrinath. The journey was a blend of spiritual exploration and scenic beauty, creating unforgettable memories.

**ANKITA'S ADVENTURE TO GAUMUKH TAPOVAN**



On May 13, 2024, Ankita from the Creative and Editing team, along with her friends, set off on an exhilarating trip to the Gaumukh Tapovan trek. Known for its breathtaking views and challenging paths, the trek offered a perfect blend of adventure and natural beauty. As they ascended the trails, the group reveled in the stunning landscapes and shared memorable moments. This journey not only brought them closer to nature but also provided a refreshing break from their daily routine, making it an unforgettable experience.

# Life Beyond Work

## Hans Hospital, Satpuli

### LAKPA'S UNFORGETTABLE BIRTHDAY AT SATPULI



Lakpa, from the Optometry Department, found herself stationed at Satpuli Hospital during the Netra Kumbh event. Away from her usual circle of family and friends in Haridwar Hospital, she celebrated her birthday with the GH team. This unique experience brought her closer to her new colleagues, marking her special day in a way she'd never forget.

### PANKAJ'S UNEXPECTED BIRTHDAY SURPRISE



Pankaj Mohan Sharma, the Vice President known for his modesty, chose to observe his birthday quietly, eschewing traditional celebrations. However, his team members, eager to show their appreciation, organized a surprise visit to his home. Without invitation, they arrived with a birthday cake, urging him to join in the festivities. This unexpected gesture touched Pankaj, reminding him of the deep bond he shared with his team, turning his silent birthday into a cherished memory of warmth.

# Life Beyond Work

## Hans Hospital, Haridwar & Satpuli

### INTERNATIONAL HR DAY 20th May 2024



### MONTHLY BIRTHDAY CELEBRATION



### INTERNATIONAL NURSES DAY 12th May 2024



# Fun Facts and Trivia:

## COMPLETE THIS QUIZ.

- Q1. What is the name of the earth's largest ocean ?
- Q2. What is the most commonly broken bone in the human body ?
- Q3. What is the most common form of colour blindness ?
- Q4. Which is more sensitive, your sense of taste or sense of smell ?
- Q5. What is the weakest bone in the body ?
- Q6. What is the shape of DNA called ?
- Q7. Where is the center of the universe ?
- Q8. How much money is there in the world ?
- Q9. What color is the giraffe's tongue ?
- Q10. What is the chemical symbol for the elements mercury

### Answers-

- 1. Pacific Ocean
- 2. Collar bone (clavicle)
- 3. Red - green colour blindness
- 4. Sense of smell
- 5. Spinal cord
- 6. Double helix
- 7. There is no center of the universe
- 8. 75 trillion US dollars
- 9. Black Blue
- 10. Hg

“ When **HUMANS** take a breath, they replace **ONLY 15%** of the **AIR IN THEIR LUNGS** with fresh air.  
when **DOLPHINS** take a breath, they replace **90%** of the **AIR IN THEIR LUNGS** with fresh air. ”



# WELCOME ABOARD

Hans Hospital, Satpuli & Hans Hospital, Haridwar

## INTERNAL TRANSFER FROM HANS SATPULI TO HANS HARIDWAR



**KULDEEP SINGH**  
Nursing Incharge  
Hans Hospital, Haridwar



**MAHADEV SINGH**  
Pharmacy  
Hans Hospital, Haridwar



**NIDHI SHARMA**  
Clinical Engagement  
Hans Hospital, Haridwar



**RAHUL ARYA**  
Counselling  
Hans Hospital, Haridwar

## NEW JOINEE



**GOURAV SHARMA**  
Food & Beverage  
Hans Hospital, Satpuli



**JITENDAR SINGH**  
Camps  
Hans Hospital, Satpuli



**DR. MAYANK UNIYAL**  
Camps Clinical Services  
Hans Hospital, Satpuli

# Important Reminders and Updates

## MANDATORY USE OF OFFICIAL PHONE NUMBERS FOR WORK-RELATED ACTIVITIES -

It is mandatory for employees assigned official numbers to use these for all work-related activities / official purposes. This includes communications and registrations involving external stakeholders.

## ANNOUNCEMENT OF NEW ACTING NURSING HEAD -

Mr. Sohan Singh (Nursing InCharge), will be stepping into the role of Acting Nursing Head (Hans Hospital - Satpuli) effective June 1, 2024. In his new capacity, Mr. Singh will oversee nursing operations across several departments, including the Multi Specialty Ward on the 3rd Floor, OPD, Emergency Services, Gynae, General Wards, OT, and SICU.

## NEW STAFF ACCOMMODATION POLICY -

Implementation of new Staff Accommodation Policy made which is applicable to Employees and Retainers. The policy covers all important points including eligibility, allocation basis, occupancy rules, accommodation standards, monthly inspection guidelines, rent, utilities, security, safety, cleanliness, termination provisions, FAQs, etc. Kindly review the full policy document for detailed information and guidelines.

# Upcoming Events : Save the Dates

Hans Hospital, Satpuli & Hans Hospital, Haridwar



5th June  
World Environment Day



7th June  
World Food Safety Day



14th June  
World Blood Donor Day



21st June  
International Yoga Day

30th June - 10th Anniversary of the of Hans Hospitals, Haridwar and Launch of 50 bedded multi-specialty hospital



# Newsletter Contest

It's an opportunity for employees who're reading this newsletter to answer the questions below and win interesting prizes.

- Q1. Who performed the Landmark Eye surgery in Haridwar ?
- Q2. Name the 2 shining stars of this month ?
- Q3. How many new patients turned up in Satpuli in May month ?
- Q4. Which year Virender Singh joined Hans Hospitals ?
- Q5. When did ENT department started in Satpuli, Kotdwar and Haridwar ?
- Q6. Which core organizational value of THFH is being discussed in this newsletter ?
- Q7. International HR Day is celebrated on which date ?
- Q8. Which departments contributed the minimum and maximum surgeries in May in Kotdwar clinic ?
- Q9. How many total ENT OPDs and ENT surgeries performed in haridwar in May month ?
- Q10. Name the new joinees in Satpuli ?

Send your answers to Ankita Khamba via-

Email: [ankita.khamba@thfhospitals.org](mailto:ankita.khamba@thfhospitals.org)

WhatsApp: 73109 59029

The first two correct entries will be selected as the winners.

The winners will be announced the day after Reflections is published.

Winner of the last month newsletter contest - **Preeti Bisht (Operations) Satpuli**



CONTEST

# thank you!



**Remember,** this newsletter is a platform for us to connect, share, and celebrate the amazing work we do every day. If you have any suggestions, stories, or updates you'd like to see featured in future editions, please reach out to the newsletter team.

Thank you for your continued dedication and hard work. Together, we make a difference in the lives of our patients and our community.

Wishing you a fantastic June!

Best regards,

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Garima.tripathi@thfhospitals.org

Ankita Khamba  
Ankita.khamba@thfhospitals.org

Vinit Jain  
Vinit.jain@thfhospitals.org