

2019

REFLECTIONS
THE HANS FOUNDATION HOSPITALS



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Message from the Managing Director

With the blessings of Shri Mata Ji and Shri Maharaj Ji we have come a long way in our journey so far. None of our accomplishments would be possible without them showing the way and leading us down the right & righteous path. In 2019 we made significant progress both at General Hospital and at Eye Care. Every little thing each of us does every day to advance things at our own level inch-by-inch makes a difference, and it gets us farther along the way toward the one common goal – the goal of serving people.

2019 saw GH handle a volume of over 70,000 OPD compared to 50,000 in 2018; that's progress! Out of the 70,000 patients 27,000 of them were new patients who had never visited our hospital before. Just think about that. 27,000 new lives were touched by us – all through your efforts every single day. Close to 2,000 patients were admitted at GH in 2019 and almost 1,000 surgeries successfully performed. The story is very similar at Eye Care...47,000 OPD in 2019 compared to 37,000 in 2018. And over 3,000 eye surgeries performed. In all this improvement it is important to remember that things don't just happen on their own...they take doing...they take effort from each of us...however small our individual contributions may be to the organization's accomplishments. And it is important for us to stop for a moment and think about and reflect on our short journey thus far because learnings from the past year will help guide us in 2020 and beyond.

So, as we reflect on 2019, I wish for each of you to pause for a moment and think: “what was my contribution to the organization's accomplishments?” “How can I be better next year so that the organization reaches even greater heights?” My goal is not to simply be satisfied with what we have achieved so far and rest easy. Although I am happy about how far we have come in just two short years, I intend to keep the momentum going year after year so that The Hans Foundation Hospitals is recognized through Uttarakhand as THE place for people's healthcare needs. I invite you to read through the following pages which reflect upon THFH's work during 2019; but please read through those pages with the mind-set of “how can we use our success during 2019 as a launch pad to perform even better in 2020 or 2021 and beyond?” Remember: the cumulative effect of each of our individual successes when added up results in the organization's success. So, I wish you all the best in 2020. I'm sure together we will reach even greater heights in 2020 than we did in 2019! I have high hopes and expectations from all of you.

FULL SPECTRUM OF CARE



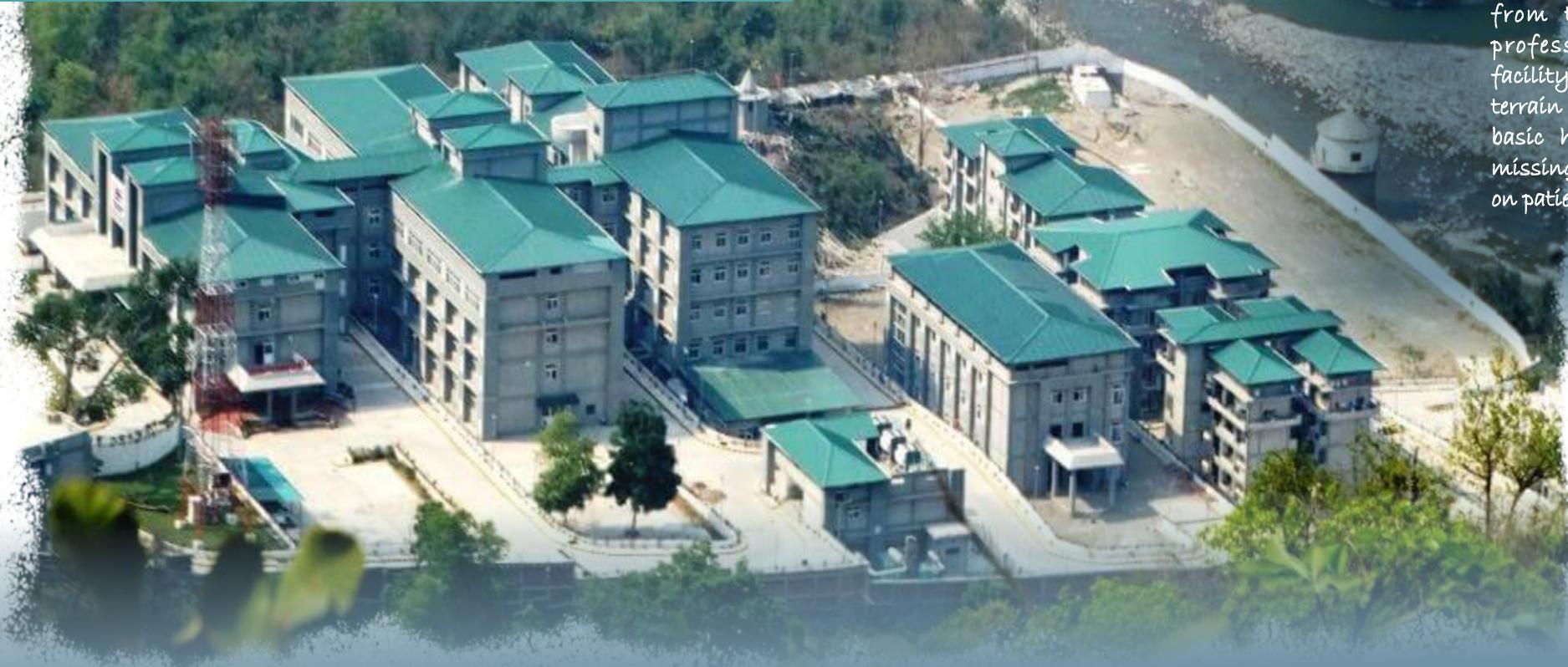
अब हमें इलाज के लिए
कहीं दूर नहीं जाना पड़ता !

Our focus is not only about tackling infectious diseases and acute illnesses but also about managing long-term care so that patients do not merely survive an illness, but regain, as much as possible, functionality, independence and quality of life. Our constant aim is that continuity of care is not only met but achieved seamlessly for every patient.



LEAP OF FAITH

THE HANS FOUNDATION GENERAL HOSPITAL



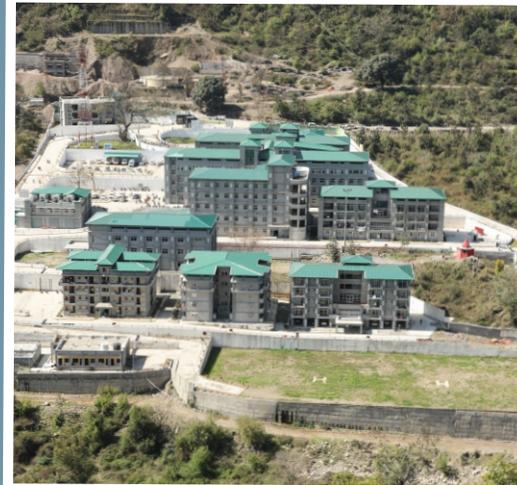
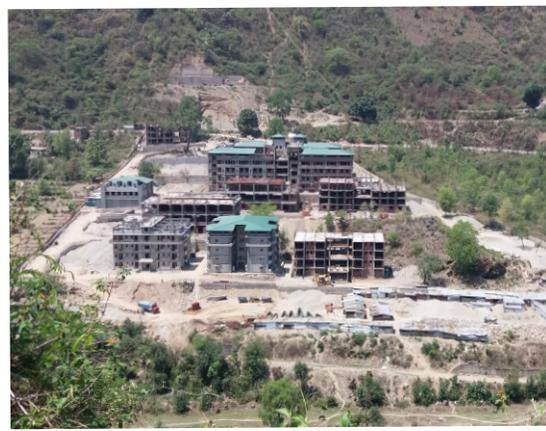
The idea at that time was unprecedented – to build from the ground up a professional healthcare facility in the tough Pahari terrain (where even the most basic health facilities are missing) with an emphasis on patient-centred care.

It was a leap of faith and the conviction to transform healthcare in the interiors of this remote district of Pauri Gharwal, Uttarakhand.

We started with an empty plot. We built General Hospital, Satpuli which is today doing thousands of OPDs, successfully doing high end Spine, Ophthalmology, Gynaecology, General Surgery and Orthopaedics related surgeries, effectively attending to life saving emergencies; we think that we are just starting because we keep setting tough target for ourselves to reach more and more people.

Through it all, the most important stakeholders remain steadfast in our mind – our patients. We continuously strive to provide better services, better prevention programs, better disease management models and better engagement with the community we serve.

FROM BLUE PRINT TO REALITY



The Hans Foundation General Hospital Satpuli campus is built over 10 acres and is installed with incredible infrastructure including eight specialized operation theatres, an Emergency Ward, an Intensive Care Unit, Diagnostics and Pathology Laboratories, as well as residential facilities for the staff. The planning, development and operationalization of the 150 bed hospital was extensive and the commencement of the hospital services generated a lot of interest. It offers an array of services which are delivered by experienced, caring and service-oriented doctors, nurses, medical and non-medical staff.

OUR JOURNEY SO FAR... THF GH

- Extended Reach: Patients from 5 kilometers to 100 kilometer are reaching hospital to avail quality treatment. Over 6,000 patients are coming to hospital OPD every month from Pauri Gharwal and surrounding districts.
- Served over 2 lakh patients through OPD services.
- Timely treatment of more than 5,000 patients through the Emergency Department.
- Life Saving Blood Bank: With the setting up of the blood bank at THF GH, rural patients of the Pauri now have timely access to life saving blood.
- Radiology services: On daily basis 100+ CT scans, Ultrasound and X-Ray related tests are conducted.
- Pathology related tests using the most sophisticated instruments, on an average 10,000 tests a month are conducted.
- Over 1500 + successful surgeries which includes Spine, THR, Gynaecology Dental & Eye surgeries have been done.
- Over 10,000 patients have been treated through In-house specialty clinics and over 500 surgeries performed.
- Over 35,000 patients of remote rural area were treated through 200 health camps conducted under community outreach program.



परम पूजनीय भोले जी महाराज
करुणामयी माता मंगला जी



बेसिसाल दो साल

धन्यवाद

उत्तराखंड

आपके विश्वास के लिए



2 लाख से अधिक गरीबों का उच्चतम उपचार



5 हजार से अधिक सकल ऑपरेशन

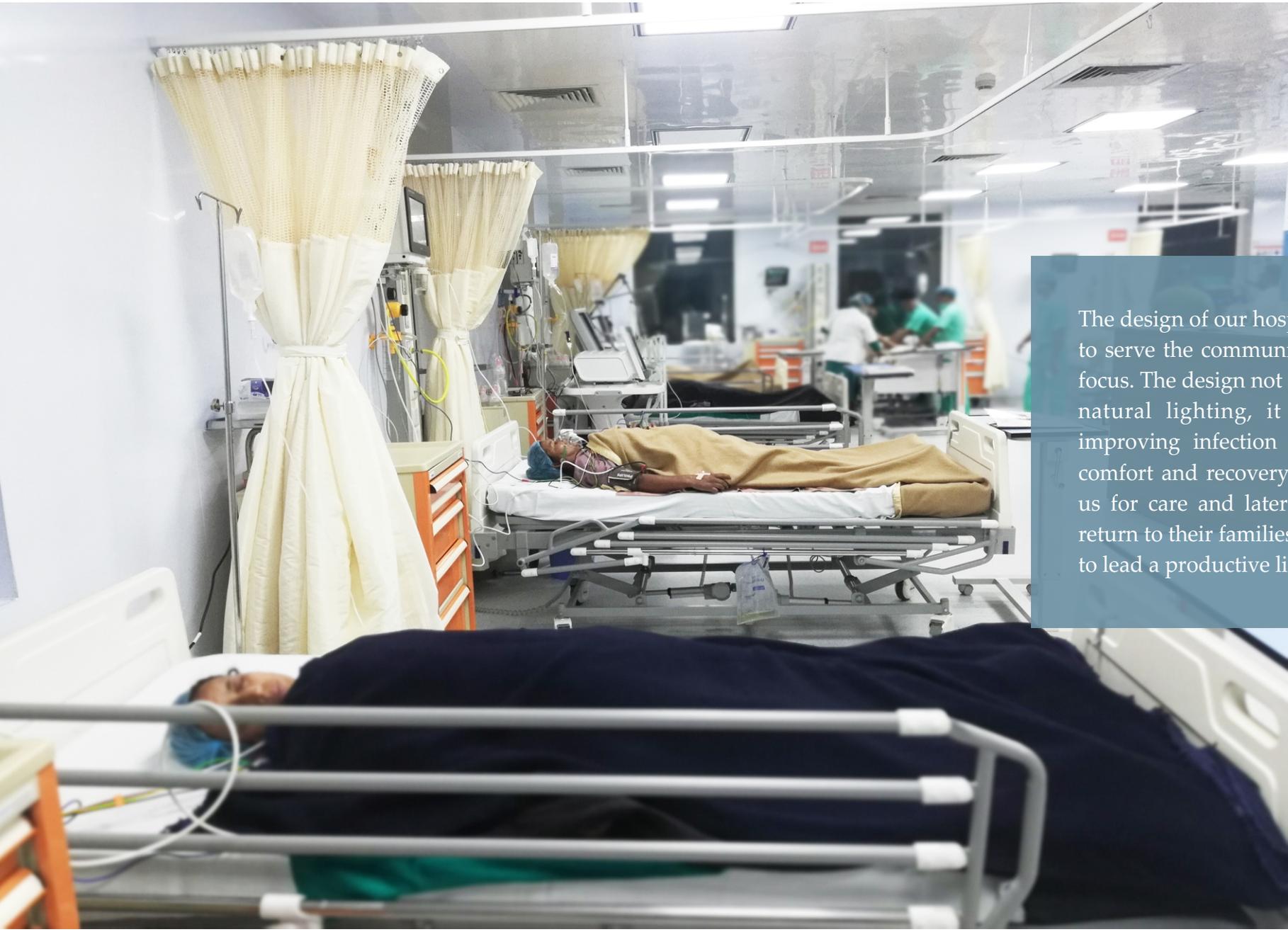


1 हजार से अधिक दूरगामी पहाड़ी इलाकों में स्वास्थ्य कैंप



आपकु जीवन भरकु स्वास्थ्य दगड़िया

A PRIVATE SPACE FOR EVERY PATIENT



The design of our hospitals sums up our mission to serve the community with the patient as our focus. The design not only improves privacy and natural lighting, it is also geared towards improving infection control for better patient comfort and recovery. Seeing a patient come to us for care and later get back on their feet to return to their families in good health and spirits to lead a productive life.

ENRICHING QUALITY OF LIFE AND FACILITATING HOME COMING

Pauri's ghost villages were once home to only the elderly and those without options but to leave.

Based on government statistics, it is one of the areas worst affected by 'Palayan' i.e. mass migration of people to metros to earn livelihoods. To help check this problem, THF GH made a *conscious decision to hire locals*. Today, over 80 percent of the staff at the hospital is from Pauri.

Within a year of its inauguration, we started to hear stories of people having returned to their villages and home after finding jobs at the hospital. The hospital is committed to employment and arrest Palayan.



CARING. HEALING. COMPASSION.



With the skill to heal and the spirit to care, THF Eye Care is providing outpatient and inpatient treatment in a 30 bedded facility catering to all of Uttarakhand & Western UP. Trained and dedicated professionals with ready access to state-of-the art ophthalmic infrastructure render high quality eye care. We ensure consistent quality by earnestly following systems and procedures meticulously. When you visit THF EC, you'll be examined by an optometrist who is trained to recognise abnormalities and conditions. Along with their test reports, you would meet an Ophthalmic Doctor who upon examination will refer the case for further investigation to Cataract, Cornea, Glaucoma or Retina specialist. Our experienced surgeons are sought after for their expertise, and we use the latest technology at the forefront of Ophthalmology.

OUR JOURNEY SO FAR... THE EC



- 5 years ago, we made a commitment: to provide excellent eye care throughout the year to the medically underserved population of hilly areas essentially at their doorsteps. We have kept that promise!
- Patients trust and choose us for our expertise and care - We have been proudly providing first class eye care for over 5 years; we are open 7 days a week and provide emergency treatment 24 hours a day.
- A Transforming, Healing presence - From treating nearly 500-600 patients a month in our first year of existence, today we are treating over 3,000 patients a month.
- Experienced specialists providing personalized treatment with outstanding results: Since inception we have treated over 1,00,000 patients, performed nearly 25,000 surgeries and conducted 900+ outreach (field) camps.
- Advance the boundaries of eye care – we are now offering fully comprehensive, state-of-the-art Ophthalmology services covering super specialties like Retina, Cornea, Oculoplasty, Glaucoma and Squint etc. This is in addition to the general ophthalmology such as Cataract and Pterygium that we already provide.
- In 2019, we have had an OPD of 40000, performed 5000+ successful surgeries, and conducted 110 outreach camps where over 15000 patients were screened.



OUR FLAGSHIP PROGRAMS

SPECIALTY CLINICS

Renowned Delhi and Mumbai based Doctors –
You live in Gharwal but NOW consulting them isn't complicated anymore.

From 1st January, 2019 – The Hans Foundation General Hospital, Satpuli has started holding “Specialty Clinics” in its premises where Consultation(s) to Medicines to Diagnostics to Surgery and Admission days are all for free. The primary purpose of these clinics is to serve the specialty care needs of patients and help them save on time and money which they can put to use for other important things in their lives. With “Specialty Clinics”, General Hospital is further strengthening its promise to patients – *“Ab Aapko ilaaj kay liye kahin dur nahi Jana parega”*.

Since 1st January, 2019, General Hospital has held Spine, Liver, Gynaecology, Diabetes, Super Specialty Ophthalmic, ENT, Cardiology, Nephrology, Dermatology, General Surgery & Radiology Clinics where by thousands of patients have been benefitted and over 500 surgeries of various types have been successfully performed.

We will continue holding these “Specialty Clinics”. The number and extent of such clinics will only increase with time.



SUNDAY CLINICS



“**पापा** सबका कितना ध्यान रखते हैं !
पापा का ध्यान कौन रखेगा...

हर रविवार

सुबह 9 बजे से शाम 5 बजे तक

पंजीकरण समय : सुबह 9 बजे से दोपहर 2 बजे तक

द हंस फाउंडेशन आई केयर

अब हर रविवार भी खुलता है



परम पूजनीय भोले जी महाराज
करुणामयी माता मंगला जी



The start of Sunday clinics makes “The Hans Foundation Eye Care” now open 7 days a week to ensure that residents of Haridwar have uninterrupted access to eye care services. Residents have expressed happiness for this initiative specially the working class. It is a first of its type initiative in the city of Haridwar.

THURSDAY IN HOUSE CAMPS

खुशखबरी!

खुशखबरी!

खुशखबरी!

खुशखबरी!



हर वीरवार
कल्याण
नेत्र शिविर



द हंस फाउंडेशन आई केयर

प्रत्येक निर्धन एवं
असहाय के लिए
स्वस्थ आँखों का उपहार

हर वीरवार

सुबह 9 बजे से शाम 4 बजे तक



परम पूजनीय भोले जी महाराज
करुणामयी माता मंगला जी

निःशुल्क

- दवाईयां
- नजदीक की नजर के चश्में
- ऑपरेशन



Apart from outreach (field) camps, in 2019 In-house Vanchit Varg Kalyan camps started on every Thursday at THF EC campus. Objective behind In-house camps is to provide complete Eyecare facilities to the underprivileged at our premises. Needy patients who cannot afford costly eye treatment can now visit the hospital on Thursday and get treatment and surgery from specialist Doctors. Though treatment of underprivileged is being taken care throughout the week at THF EC but a special day and place has been set aside to provide special attention. People are being reached through various methods and encouraged to visit In-house camps.



यह सुविधा केवल उन्ही मरीजों के लिए है जिनकी मासिक पारिवारिक आय 10000 या इस से कम है। सभी मरीज अपने साथ कोई भी पहचान पत्र और परिवार के किसी सदस्य का फ़ोन नंबर अवश्य लाएं।

THF EC - COMMUNITY OPHTHALMOLOGY



THF EC team of doctors and paramedics reach out to remote hilly areas, screen local populations, commute patients to hospital, perform necessary surgical procedures and post-surgery transport them back to their doorstep. During an overnight admission at THF EC's in-patient wards, they are under the guidance of a physician and caring staff. The patients' travel, stay, clinical and non-clinical care are all free. The highly skilled doctors perform the most complex retina, glaucoma and cornea related surgeries. In 2019 over 15,000 patients were screened through these camps.



THF GH - COMMUNITY OUTREACH



The purpose of the community outreach camps is to provide professional, compassionate, interdisciplinary health services to the underserved at their door step. THF GH has dedicated an ambulance and team of multi-specialty physicians and paramedics to conduct outreach camps. Every month through these camps, THF GH provides free care and medicine to the local villagers based in the remote regions of Uttarakhand. In 2019 over 35,000 patients of remote rural areas were treated through 200 community outreach camps.

SPREADING AWARENESS



"Eye Donation" themed drawing competition was organized at Manu Mandir School, Haridwar.

The idea was to engage children as messengers for creating "Eye Donation" awareness. Not only will these youngsters help in spreading the message and explaining it to their friends and elders in their respective families, but for all times to come they will be more empathic towards this cause due to the awareness.

The Hans Foundation General Hospital conducted Basic Life Support (BLS) training program at Navodaya School, Pauri.

The training included recognition of symptoms, establishment of an airway, and rescue breathing, which helped prepare students to potentially deal with individuals who might need their assistance due to aspiration or cardiorespiratory emergencies.



ALLEVIATING HUMAN SUFFERING



Our founder Mr. Manoj Bhargava once said, “We may not be able to alleviate human suffering on a grand scale, but it will be fun trying.” This simple yet deep-rooted statement inspires us every day to provide quality affordable healthcare and try to mitigate the suffering of the underprivileged. We promise to continue taking The Hans Foundation Hospitals and its mission of “Health for all” to soaring heights.