

REFLECTIONS

**Hans Netralaya, Haridwar
&
The Hans Foundation General Hospital, Satpuli**





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August 2023 | Health for all

EC-HARIDWAR HIGHLIGHTS

417



Surgeries

EC Haridwar's surgeries performed at GH - 194

88% PHACO surgeries
this month & 12% SICS



Painless surgery has considerably impacted the patient experience.

53%



Same day surgeries

Painless surgery has considerably impacted the patient experience.

10,827



OPD Numbers

50%



New patient% this month

30 minutes



Stay time of appointment patients in the hospital

7,226



Pharmacy dispensing this month

70%



Pharmacy conversion% this month

1,744



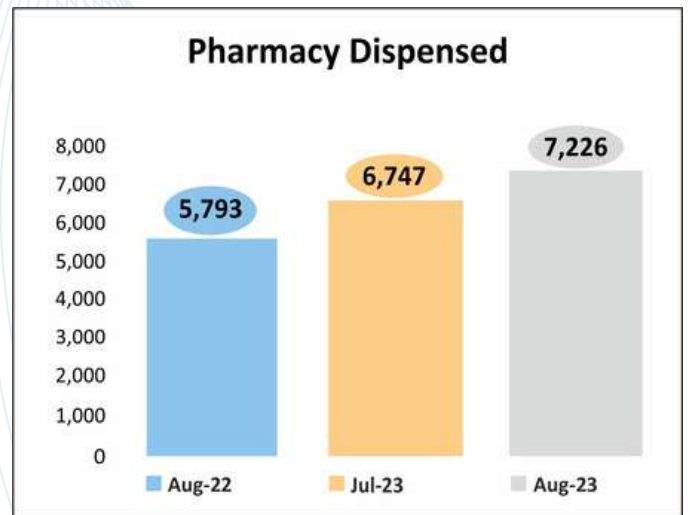
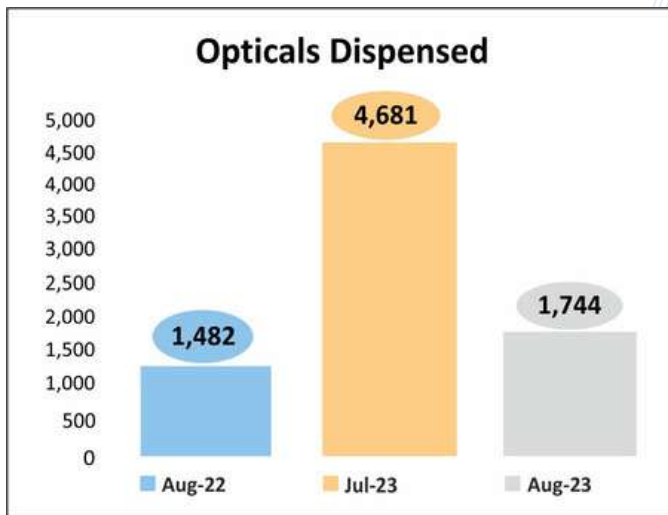
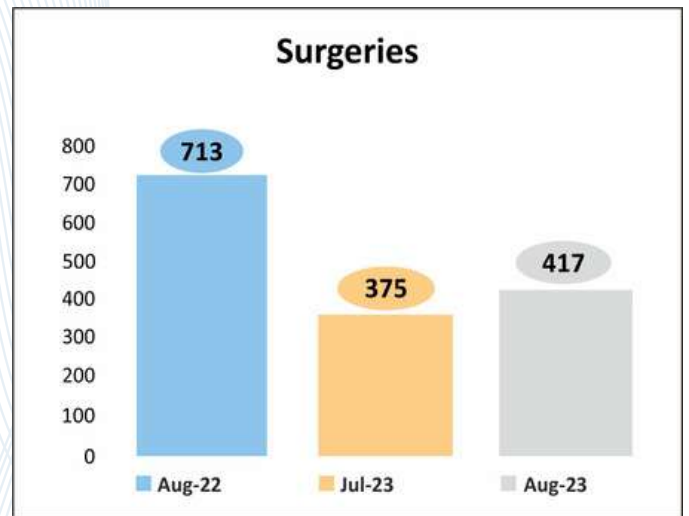
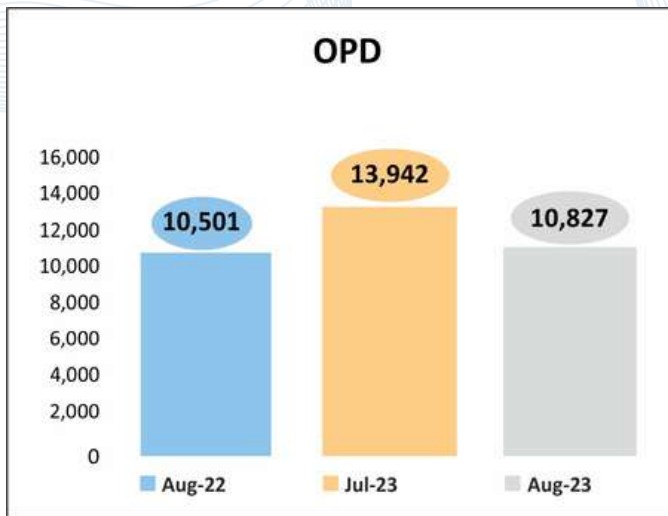
Optical dispensed this month

66%



Optical conversion% this month

DATA SNAPSHOT OF EC-HARIDWAR





August 2023 | Health for all

GH-SATPULI HIGHLIGHTS

9,676

Total OPD



EC Haridwar's surgeries performed at GH - 178

4,268

Radiology



CT-Scan : 362
X-Ray : 3,272
Ultrasound : 660

881

Total Surgeries



Ophthalmology : 757
Orthopedics : 9
General Surgery : 94
Obstetrics & Gynaecology : 21

135

Dialysis



390

Emergency Footfalls



1,589

Total Admissions



Ophthalmology : 1,060
Internal Medicine : 196
Orthopedics : 66
General Surgery : 177
Obstetrics Gynaecology : 42
Pediatrics : 48

46%

New Patient % this month



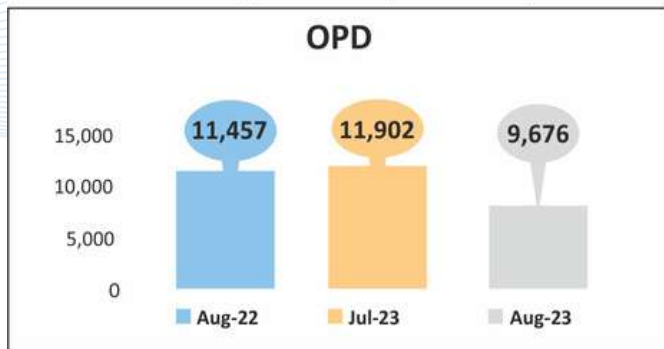
20

Total Deliveries

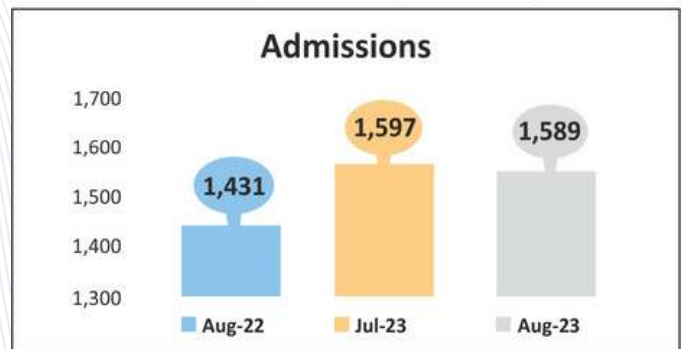


DATA SNAPSHOT OF GH-SATPULI

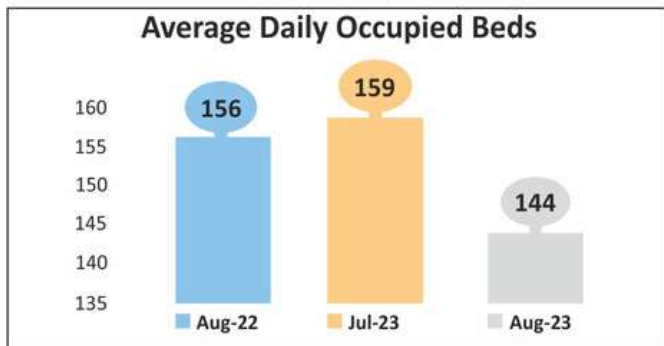
Month	Aug-22	Jul-23	Aug-23
OPD	11,457	11,902	9,676



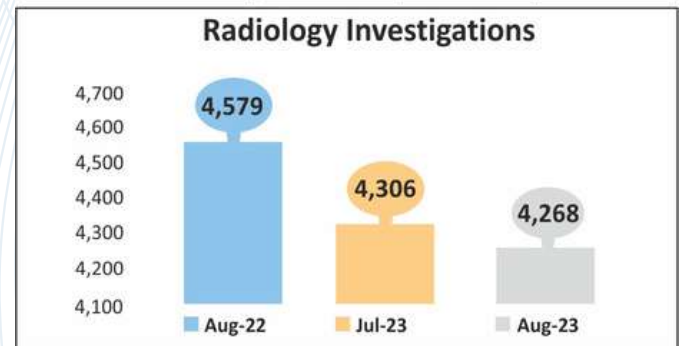
Month	Aug-22	Jul-23	Aug-23
Admissions	1,431	1,597	1,589



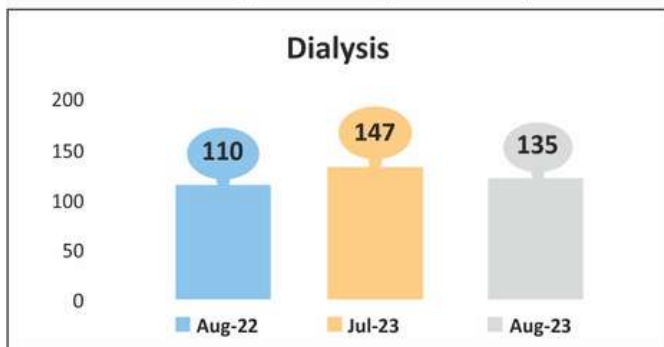
Month	Aug-22	Jul-23	Aug-23
Average Daily Occupied Beds	156	159	144



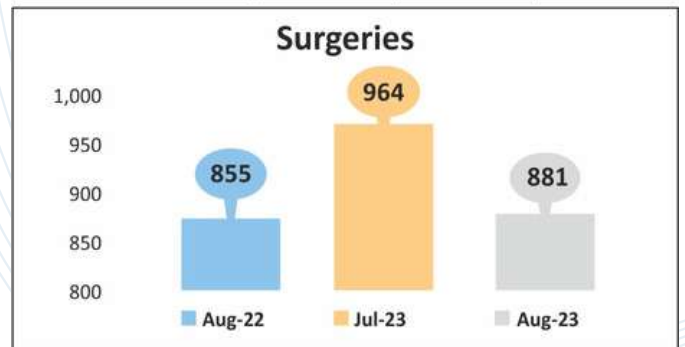
Month	Aug-22	Jul-23	Aug-23
Radiology Investigations	4,579	4,306	4,268



Month	Aug-22	Jul-23	Aug-23
Dialysis	110	147	135



Month	Aug-22	Jul-23	Aug-23
Surgeries	855	964	881



CLINICAL INITIATIVES-THF GH

Ozone Therapy for Joint Pain



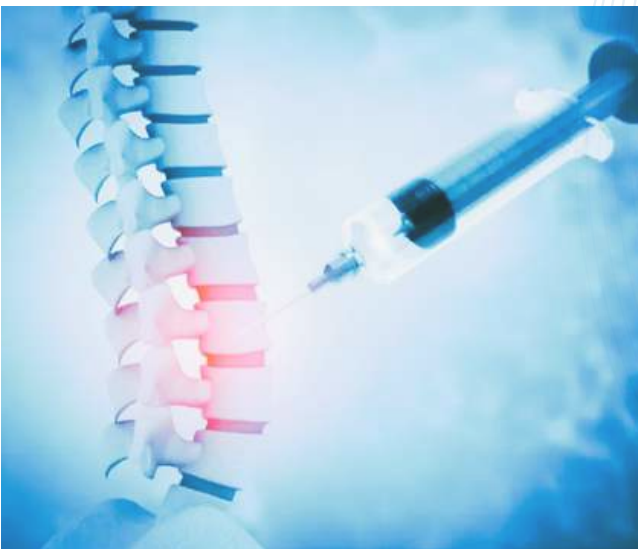
ओजोन गैस इंजेक्शन



ओजोन थेरेपी से पहले की स्थिति



ओजोन थेरेपी से बाद की स्थिति

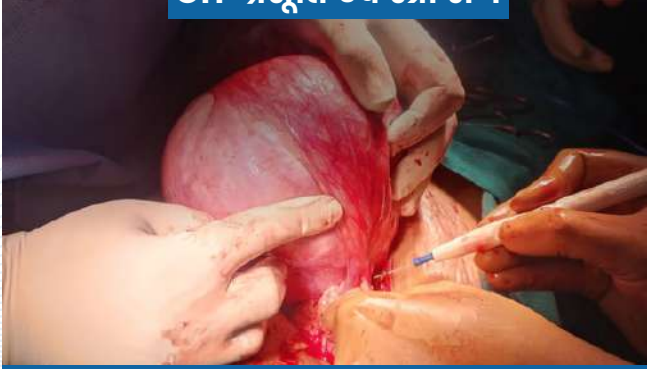


हंस अस्पताल सतपुली में हम **ऑस्टियोआर्थराइटिस** यानि घुटने के दर्द और जमे हुए कंधे के दर्द के लिए एक नई उपचार पद्धति लेकर आए हैं जहां हम कॉकटेल दवा के साथ **ओजोन गैस इंजेक्ट** कर रहे हैं। **ओजोन गैस** वही गैस है जो धरती माता को हानिकारक विकिरणों से बचाती है। ऐसा पाया गया है कि यह शरीर की विभिन्न बीमारियों को ठीक करने में मदद करती है। हमने लगभग **500 मरीजों** को अब तक यह **थेरेपी** दे चुके हैं और इसकी व्यापक स्वीकार्यता है और जटिलताएं लगभग शून्य हैं। सभी मरीजों के सफल इलाज से मिले प्रचार से हर दिन हमें नए मरीज मिल रहे हैं जो कई वर्षों से दर्द से परेशान थे । इस थेरेपी द्वारा हमारा उद्देश्य उन रोगियों के जीवन को आसान बनाना है जो सर्जरी से बचना चाहते हैं या उन्हें इसकी आवश्यकता नहीं है ।

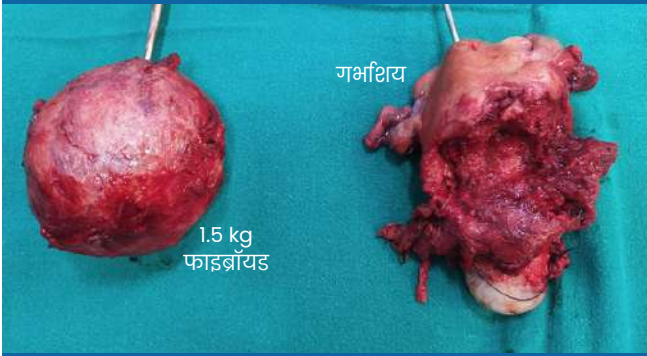
चिकित्सा सुविधाओं में सुधार के साथ हम गढ़वाल व उत्तराखंड के लोगों के जीवन में बदलाव लाने की हर संभव कोशिश कर रहे हैं ।

CLINICAL EXCELLENCE

GH-प्रसूति एवं स्त्री रोग



सर्जरी के दौरान की स्थिति



सर्जरी के बाद निकाला गया फाइब्रॉयड व गर्भाशय

सर्जरी : Cervical Myomectomy followed by TAH with BSO

लता देवी जी उम्र 36 साल घंडियाल निवासी 16 अगस्त 2023 को हंस जनरल अस्पताल सतपुली आई। उन्हें पिछले 1-2 साल से मल मूत्र त्यागते समय समस्या हो रही थी व कुछ समय से उन्हें पेशाब आना भी बंद हो गया था, जिस वजह से उनको पेशाब की नली लगी हुए थी। साथ ही साथ लता देवी जी को बड़ा गर्भाशय होने की भी परेशानी थी। हमारी प्रसूति एवं स्त्री रोग विशेषज्ञ डॉ. दीक्षा शर्मा द्वारा लता जी को देखा गया। अल्ट्रासाउंड करने पर पेशेंट के गर्भाशय में सिर्फ बड़े साइज का फ़िब्रोइड पाया गया और डॉ. दीक्षा शर्मा द्वारा ऑपरेशन करने की सलाह दी गई।

19 अगस्त को डॉ. दीक्षा ने एनेस्थेतिस्ट डॉ. गीता और ओटी टीम (सोनू, राहुल और हेमंत) के साथ मिलकर यह सफल सर्जरी शुरू की। सर्जरी के दौरान ओटी टेबल पर पता चला कि मरीज का फ़िब्रोइड 1.5 kg का है और पेल्विस में काफी अंदर फसा हुआ है। 2 घंटे चली इस जटिल सर्जरी में लता देवी जी के गर्भाशय से 1.5 KG के फाइब्रॉयड के साथ साथ, समस्या की पुनरावृत्ति को रोकने के लिए उनके पेट से गर्भाशय, अंडाशय, और फैलोपियन ट्यूब भी निकल दी गयी।

EC-हंस नेत्रालय



सर्जरी से पहले की स्थिति

सर्जरी के बाद की स्थिति

सर्जरी : Corneal tear repair surgery

मुकरपुर हरिद्वार निवासी, 11 साल की मिस्बा 25 अगस्त को द हंस फाउंडेशन आई केयर बहादुराबाद गंभीर हालत में पहुंची। घर में खेलते-खेलते केंची लगने के कारण पेशेंट की आँख की पुतली फट गई थी तथा आँख का आइरिस विट्रियस भी बाहर आ गया था। बच्ची को डॉक्टर स्नेहा को दिखाया गया जिन्होंने जांच करने के बाद तुरंत कॉर्नियल टेअर रिपेयर ऑपरेशन (corneal tear repair surgery) की सलाह दी।

25 अगस्त को डॉ. स्नेहा ने कुशल OT टीम के साथ मिलकर यह सफल सर्जरी की। लोकल एनेस्थीसिया में 20 मिनट चली इस सर्जरी में बच्ची कि पुतली में सात टांके आए। ऑपरेशन के बाद बच्ची की आँख बिलकुल ठीक है।

KNOW YOUR COLLEAGUE



DR. VIDHI SHAH

Associate Consultant (Ophth.)
EC-Haridwar

Working since 6th Jan 2021

Date of birth :

17th June

Favourite food :

Burger with French Fries

Favourite getaway place :

Any hill station

What do you like the most about THFH ?

It has a family like atmosphere, where like-minded people have come together to make a difference in people lives.

Please tell us something about your family ?

My father's side of the family are involved in making Utensils and we have an export business. My husband and father-in-law are Orthopaedic surgeons. I have a 5-year-old son.

Which is your favorite past time ?

My hobbies are dancing and reading books.

How has been your professional journey till now ?

I have done 5 years MBBS and then 3 years of DNB in Ophthalmology. Post that I did 1 year of Fellowship in Neuro Ophthalmology.

Why did you choose this career?

I choose to take up medical as a career because I wanted to do something everyday in my life where I could help people.

Who is your source of inspiration & role model ?

Dr. G. Natchiar mam from Arvind Eye Care Hospital is my source of inspiration. I was nurtured by her to be an Ophthalmologist with deep values where the hospital is not just a place to treat people but a temple where we "serve people being a medium of god in helping people".

Any one proud moment of your Life ?

The proudest moment in my life was when I got admission into a medical college as nobody else in my family is a doctor.



EMPLOYEE CORNER

BIRTHDAY CELEBRATIONS



Birthday celebration of Dr. Siddharth (Medical Officer) done 24th August with Clinical and Nursing team.



Birthday celebration of Sohan Singh (ICU nursing Incharge) done with team on 10th August 2023.

A TRIP TO DIVINE DESTINATION... SHRI KRISHNA NAGARI VRINDAVAN



SICU staff, Bhawna Banaula went to Vrindavan with her friend on 20th August 2023 seeking blessings for themselves and families.

DOCTOR BY PROFESSION, PHOTOGRAPHER BY PASSION...



Hobbies serve an important role in our overall well-being and happiness. Following one's passion provides an outlet for stress and anxiety and can improve mental health. These beautiful pictures of spirited elephants are clicked by our Consultant- Anesthesia and Critical Care at GH Dr. Vaibhav Mahesh Gupta near Kotdwar.

Wishing you all the biggest slice of happiness and a wonderful year to come!

EMPLOYEE CORNER

BIRTHDAY CELEBRATIONS



Raman Kumar (Front Office) celebrated his Birthday with Family on 22nd August 2023.



Nikita from Front Office celebrated her birthday on 22nd August 2023 in office as well as outside with friends.



Sahil Saxena from Counselling dept. celebrated his birthday on 18th August 2023 in office.

SKETCH ART



Contributed by - Lakpa Khampa (Optometry Dept.)

Wishing you all the biggest slice of happiness and a wonderful year to come!

RECOGNITION

Congratulations!

-Employee of the month (GH & EC)-



MANOJ BHATI
GH-MRD Department

Manoj Bhati joined THFGH on 1st November 2017 and working as a Manager- MRD. He is one of the oldest employees of Satpuli unit and is well known for his in-depth subject expertise. As a result of his diligence at work, Bhati has now been chosen in the THFH's central team where he will be responsible for MRD of all the units.



DINESH SINGH
EC-IT Department

Dinesh Singh, Assistant Manager- IT department at Eye Care has completed one year recently and in the past one year he has taken many initiatives to take the department to the next level. Dinesh is friendly in nature and has been successfully became a part of the EC Haridwar team.

We congratulate them both for being recognized as Employee of the month and wish them more success ahead.

RECOGNITION

Congratulations!

-Most Groomed Employee (GH & EC)-



ASHUTOSH RAWAT
GH-Radiology



ANTIMA
EC-Front Office

-Most Punctual Staff (GH & EC) -



SHIVANI
GH-Pharmacy



SHIV KUMAR
EC-Facility

RECOGNITION

Congratulations!

"Innovations in Orthopaedics"



Dr. Anant Jain (Consultant Orthopedic at THF GH) while presenting a lecture on knee preservation surgery "**Proximal Fibular Osteotomy**" which was started for the first time in northern India at THF GH, has been awarded with a gold medal in the category of "**Innovations in Orthopedics**" in the **2nd IAOS (Indian Academy of Orthopedic Surgeons) annual conference** took place in Kolkata.

*We congratulate Dr. Anant for his hard work and perseverance.
We're so very proud of him!*

INTERNAL TRANSFERS & NEW JOINEES

INTERNAL TRANSFER FROM GH TO EC



JYOTI NEGI
EC-Staff Nurse



RIYA
EC-Staff Nurse



VIMAL BHATT
EC-Patient Services

INTERNAL TRANSFER FROM EC TO GH



AMIT ASWAL
GH-Front Office



DINESH PRASAD GAUR
GH-Front Office

NEW JOINEES - WELCOME TO OUR TEAM



NEHA
GH-Ophthalmology



AKSHITA DOBRIYAL
GH-Nursing



POONAM
GH-Geriatrics



DR AKSHAY
GH-Clinical Services

CELEBRATIONS

18th August, 2023

Ward Opening @EC-Haridwar



26th August, 2023

New Staff Cafeteria @EC-Haridwar



28th August, 2023

New OT @EC-Haridwar



CELEBRATIONS

15th August, 2023

Independence Day



EC-Haridwar



GH-Satpuli

August, 2023

Monthly Birthday Celebration @ GH & EC



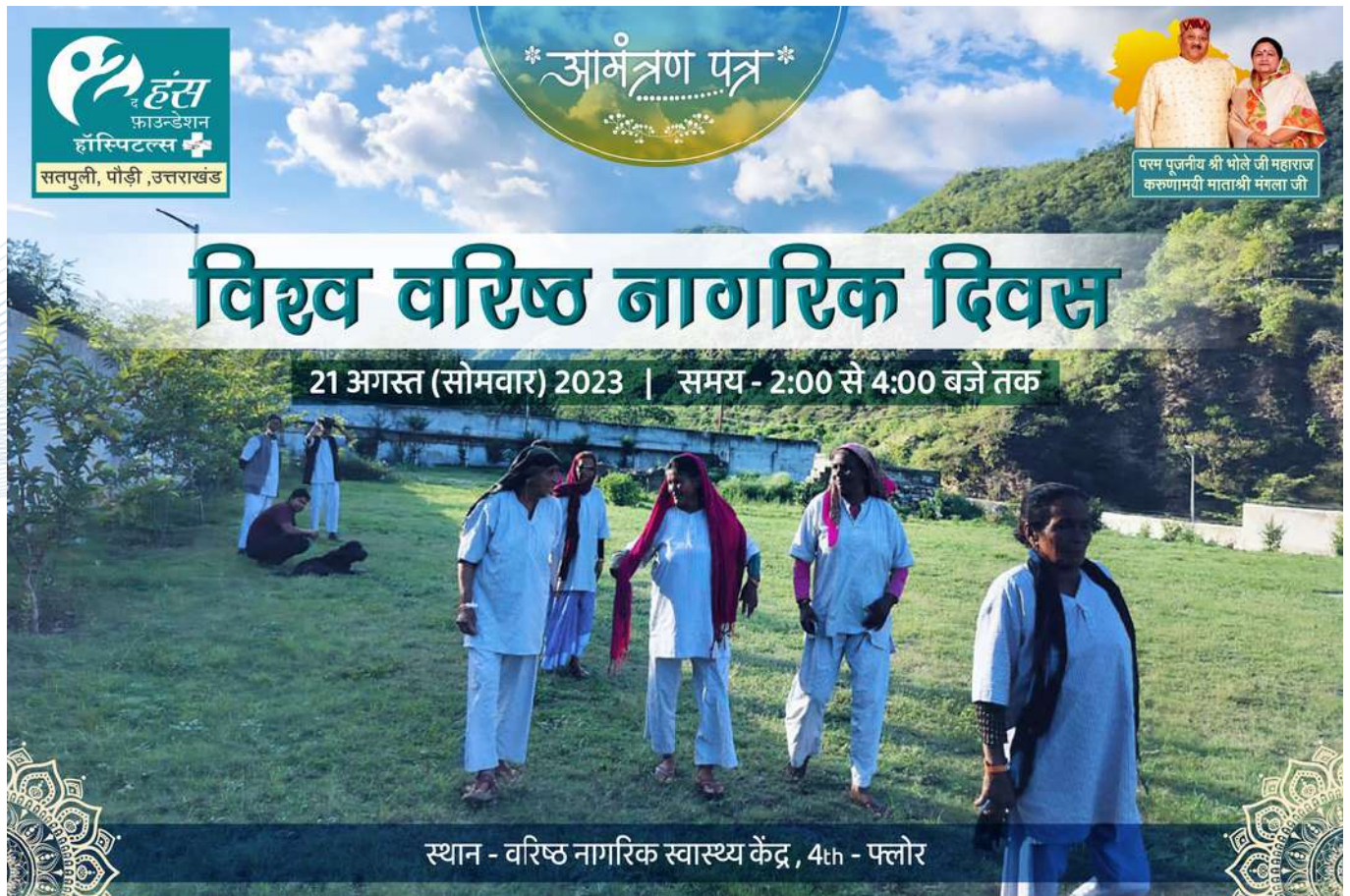
GH-Satpuli



EC-Haridwar



CELEBRATIONS



WALKING DOWN THE MEMORY LANE-EC & GH



EC Inauguration 2014



EC-Haridwar 2015



EC-Haridwar 2015



EC-Haridwar 2018



EC-Haridwar 2020



EC-Haridwar 2021



GH-Satpuli 2017



GH-Satpuli 2017



GH-Satpuli 2019



GH-Satpuli 2020



GH-Satpuli 2021



GH-Satpuli 2022

NABH FAQs

Check your NABH Trivia

1. NABH stands for ?

- a National Advanced Board for Hospitals
- b National accreditation boards for Hospitals and Healthcare professionals
- c National Achievement Board for Hospitals
- d National accreditation body

2. Enlist any 3 Values of our Organization ?

3. Enlist 3 Rights and 3 Responsibility of Employees ?

4. IPSG stands for ?

5. Enlist IPSG ?

6. Code Yellow is announced for ?

- a Cardiac Arrest
- b In Case of Fire
- c Child Abduction
- d Internal & External Disaster

7. Who is Vulnerable Patient?

- a Patient who is in oral Therapy
- b Patient age >45 year
- c Patient age >60 year
- d Patient who is in IV therapy

8. Extension Number for announcing Codes Blue ?

- a 200
- b 201
- c 203
- d 204

9. Which type of Code is announced for spillage ?

- a Yellow
- b Orange
- c Blue
- d Pink

10. Which data should be used for patient identification ?

- a MRN No
- b Bed No.
- c Both of the above
- d None of the above

11. Patient rights include :

- a Confidentiality / Privacy
- b Dignity
- c Information
- d All of the above

1. b 6. d 7. c 8. a 9. b 10. a 11. d

2. Our values - Empathy, Unquestionable Integrity, Mutual Respect, Action Orientation

3. Three Rights of Employees -

- To be aware of the hospital wide policies.
- To have the necessary resources to accomplish the given job responsibilities.
- To have a workplace free from any kind of harassment.

Three Responsibility of Employees -

- Employee are expected to maintain proper discipline.
- All employees are expected to complete integrity in his/her action and work.
- Employee must take care of the assets provided.

4. International Patient Safety Goals (IPSG)

5. Identify patients correctly, Improve effective communication, Improve the safety of high-alert medications, Ensure safe surgery, Reduce the risk of health care-associated infections, Reduce the risk of patient harm resulting from falls.

DO YOU KNOW ?

THE KIDNEYS FILTER YOUR BLOOD
UP TO 300 TIMES PER DAY





हमारे रोगियों का अटूट विश्वास, हमारी सफलता की प्रेरक शक्ति है।
हमारे डॉक्टरों की अपार प्रतिबद्धता हमारी रीढ़ रही है।
हमारे कर्मचारियों के बेजोड़ प्रयासों और जुनून ने हमें लाखों दिलों को छूने में सहायता की है।

हंस अस्पताल पर आपके अथाह विश्वास के लिए धन्यवाद - हृदय से आभार ॥