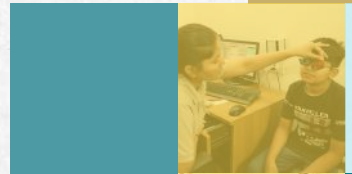




Reflections

HANS NETRALAYA, HARIDWAR
&
THE HANS FOUNDATION GENERAL HOSPITAL, SATPULI



3	EC-HARIDWAR HIGHLIGHTS
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C O N T E N T S





JULY 2023 | HEALTH FOR ALL

EC-HARIDWAR HIGHLIGHTS

375 SURGERIES

EC Haridwar's surgeries performed at GH - 178

88% PHACO SURGERIES THIS MONTH AND 12% SICS

Painless surgery has considerably impacted the patient experience.

53% SAME DAY SURGERIES

Patient walked in for OPD Consultation and also got eye surgery on the same day.

OPD NUMBERS : 13,942

NEW PATIENT% THIS MONTH : 48%

STAY TIME OF APPOINTMENT PATIENTS IN THE HOSPITAL : 31 MINUTES

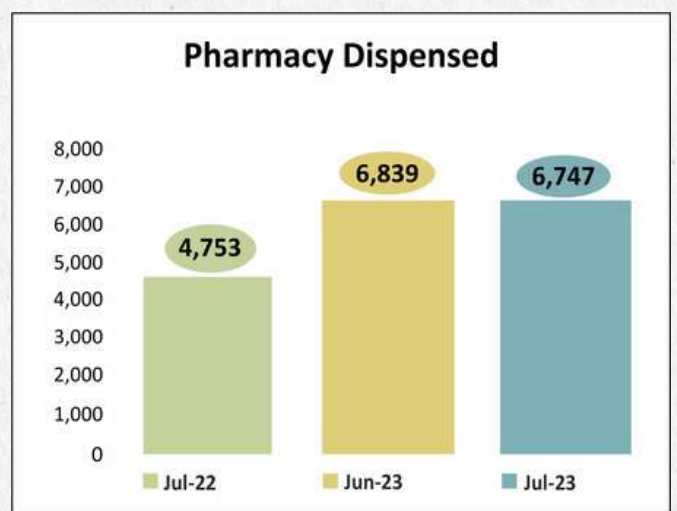
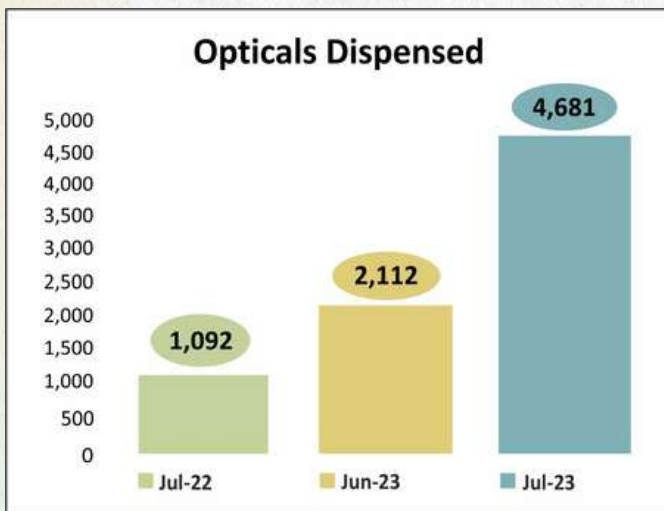
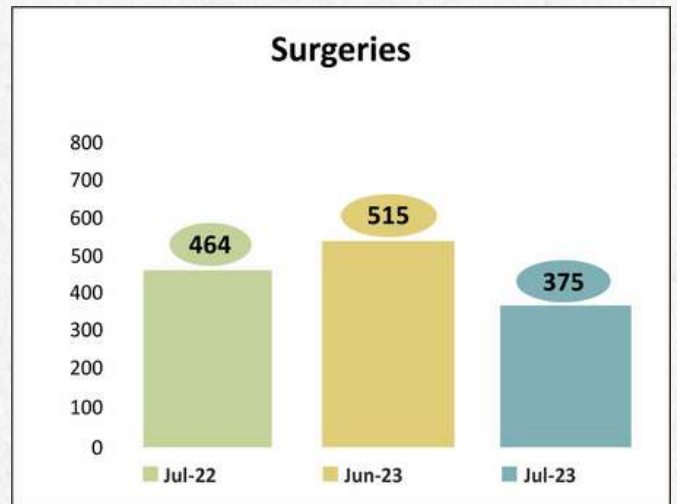
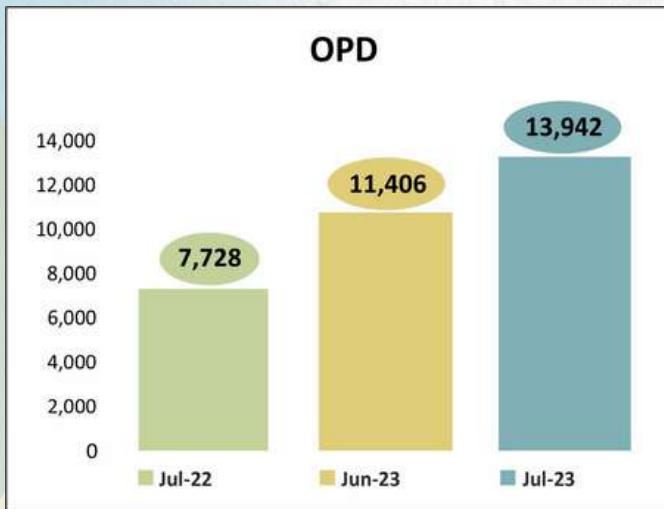
PHARMACY DISPENSING THIS MONTH : 6,747

PHARMACY CONVERSION% THIS MONTH : 68%

OPTICAL DISPENSED THIS MONTH : 4,681

OPTICAL CONVERSION% THIS MONTH : 92%

DATA SNAPSHOT EC-HARIDWAR





JULY 2023 | HEALTH FOR ALL

GH-SATPULI HIGHLIGHTS

TOTAL OPD : 11,902

TOTAL SURGERIES : 964

Ophthalmology : 816
Orthopedics : 16
General Surgery : 93
Obstetrics & Gynaecology : 17
ENT : 22

RADIOLOGY : 4,306

CT-Scan : 362
X-Ray : 3,454
Ultrasound : 490

EMERGENCY FOOTFALLS : 300

TOTAL DELIVERIES : 20

NEW PATIENT % THIS MONTH : 57%

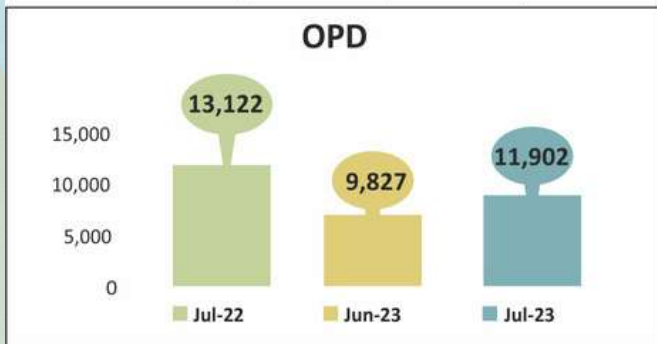
DIALYSIS : 147

TOTAL ADMISSIONS : 1,597

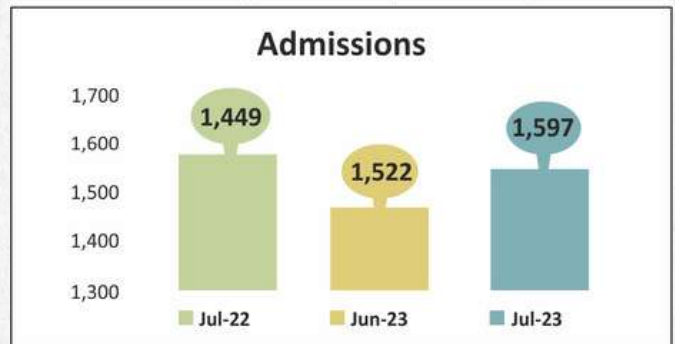
Ophthalmology : 1,087
Internal Medicine : 227
Orthopedics : 68
ENT : 27
General Surgery : 125
Obstetrics Gynaecology : 32
Pediatrics : 31

DATA SNAPSHOT GH-SATPULI

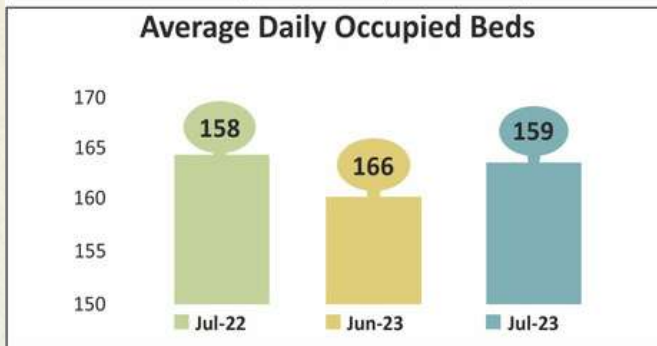
Month	Jul-22	Jun-23	Jul-23
OPD	13,122	9,827	11,902



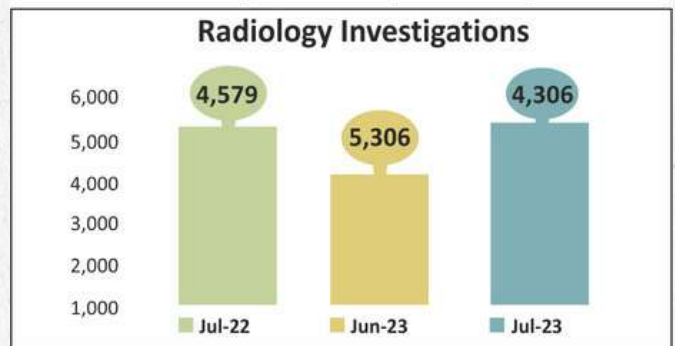
Month	Jul-22	Jun-23	Jul-23
Admissions	1,449	1,522	1,597



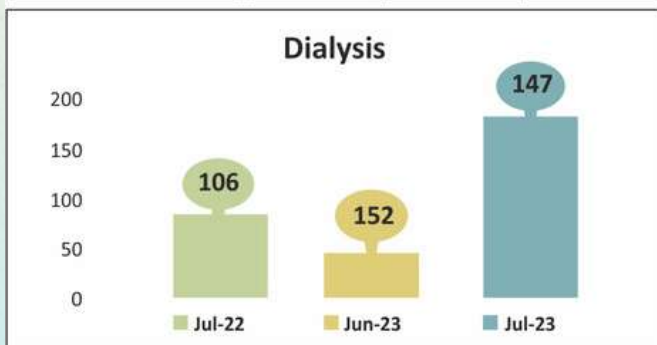
Month	Jul-22	Jun-23	Jul-23
Average Daily Occupied Beds	158	166	159



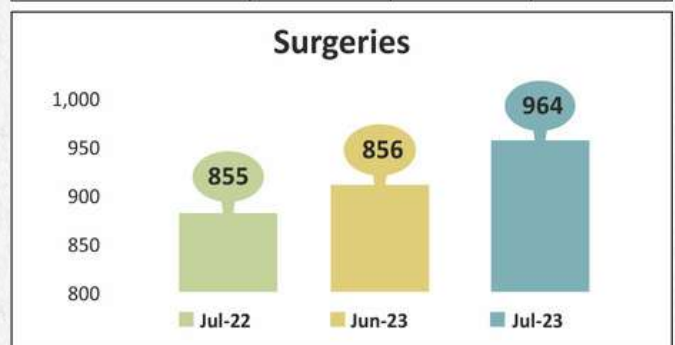
Month	Jul-22	Jun-23	Jul-23
Radiology Investigations	4,579	5,306	4,306



Month	Jul-22	Jun-23	Jul-23
Dialysis	106	152	147



Month	Jul-22	Jun-23	Jul-23
Surgeries	855	856	964



OPERATION THEATER (OT) EYE CARE-HARIDWAR



EC Haridwar Surgeries	
Year	Surgeries
2017	2,754
2018	3,513
2019	3,187
2020	1,690
2021	7,088
2022	6,887
2023(till July)	2,915
Total	28,034

हंस नेत्रालय में ऑपरेशन थिएटर (OT) कि शुरुआत जुलाई 2014 में एक Phaco machine और एक microscope के साथ हुई थी। उस दौरान हमारे पास सर्जरी के लिये एक डाक्टर और 3 OT स्टाफ़ हुआ करते थे। शुरुआती दौर में हम औसतन प्रति माह लगभग 100 मोतियाबिंद (Cataract) सर्जरी कर रहे थे।

2015 में हमने रेटिना क्लिनिक शुरू किया और साथ ही ग्लूकोमा, और ऑकुलोप्लास्टी सर्जरी भी करना शुरू किया। अब हम तीन ओटी में अत्याधुनिक मशीनों के साथ काम कर रहे हैं। 60% से अधिक मरीजों का ऑपरेशन बिना एनेस्थीसिया के किया जाता है जिसमें सर्जरी के बाद मरीजों को दर्द और चुभन जैसे समस्या नहीं होती है। वर्तमान समय में हमारे पास 6 OT Staff है और एक महीने में औसतन 600 से 700 सर्जरी सफलतापूर्वक की जाती है। हमारे पास सभी प्रकार के लेन्स मौजूद रहते हैं ताकि same day सर्जरी या अन्य नियोजित सर्जरी भी बिना किसी देरी के की जा सके। हमारे OT में GA (General anesthesia) तथा MICS तकनीक द्वारा भी सर्जरी की जाती है। वर्तमान समय में हंस नेत्रालय में 92% Phaco व 8% SICS तकनीक से सर्जरी हो रही है।

CLINICAL EXCELLENCE

GH-जनरल सर्जरी डिपार्टमेंट



सर्जरी : राईट नेफ्रोलिथोटॉमी (Right nephrolithotomy)

24 जून 2023 को बिट्टू कुमार जी उम्र 29 वर्ष, यशोधरपुर से सतपुली अस्पताल पहुंचे। वह कुछ समय से गुर्दे की पथरी से पीड़ित थे और कई अस्पतालों में दिखा चुके थे लेकिन सर्जरी नहीं हो पाने के कारण काफी परेशान थे। एम्स ऋषिकेश में भी मरीज को सर्जरी करने से मना कर दिया गया था।

हमारे जनरल सर्जन डॉ. मयंक ने मरीज की जाँच की और पाया कि मरीज के गुर्दे में 3 पथरी हैं। डॉ. मयंक ने बिट्टू कुमार जी की परेशानी को देखते हुए सर्जरी करने का निर्णय लिया। 25 जून 2023 को हमारी अनुभवी एनेस्थेतिस्ट डॉ. प्रमिला कैथरीन और हमारी ओटी टीम के साथ मिलकर डॉ. मयंक द्वारा यह सर्जरी सफलतापूर्वक की गई।

सर्जरी 3.5 घंटे लंबी थी जिसमें मरीज की किडनी से 4 cm की एक और 1 cm, 0.5 cm की 2 पथरी निकाली गई। 2 दिन SICU में ऑब्जर्वेशन में रखने के बाद मरीज को वार्ड में शिफ्ट किया गया और पूरी तरह ठीक होने पर 5 जुलाई 2023 को डिस्चार्ज कर दिया गया। मरीज अब पूरी तरह स्वस्थ है।

EC-हंस नेत्रालय



सर्जरी : हाइपर मैच्योर मोतियाबिंद (Hypermatere Cataract)

एक 63 वर्षीय महिला मरीज नाम - श्रीमती भगवान देई हंस नेत्रालय बहादुराबाद हरिद्वार में आई थी। मरीज को दोनों आँखों से रोशनी कम होने की शिकायत थी। मरीज की प्री-ऑप दृष्टि दोनों आँखों में एफसीसीएफ है। जाँच करने पर मरीज की दोनों आँखों में हाइपर मैच्योर मोतियाबिंद पाया गया। डॉक्टर ने सबसे पहले दाहिनी आँख की मोतियाबिंद सर्जरी की सलाह दी। A'SCAN, B'SCAN और LAB परीक्षण जैसी सभी आवश्यक जाँचें ऑप्टोमेट्रिस्ट और लैब तकनीशियन द्वारा की गई और दाहिनी आँख में IOL के साथ फेको डॉ. स्नेहा दीक्षित द्वारा 26/07/2023 को किया गया। पहले दिन पोस्ट-ऑप दृष्टि 6/18 है। मरीज अब सर्जरी के नतीजे से पूरी तरह संतुष्ट है।

KNOW YOUR COLLEAGUE



PAWAN KUMAR

GH-Supply Chain Management (SCM)

Your date of birth : 1st March

Your favourite food : Kadi Chawal

Your favourite getaway place : Badrinath Temple

What do you like the most about THFH ?

What I like about THFGH is that the organization is working for the betterment of society in rural areas. And it is catering patients with advance technology and high quality of patient care.

Please tell us something about your family ?

My family consists of 6 members including myself, my wife, 2 children and 2 brothers. My 6 years old daughter is studying in LKG and my son is just 9 months old. Both of my brothers are working.

Who is your source of inspiration & role model ?

My parents have always been my source of inspiration throughout my life.

Which is your favorite past time ?

Whenever I get free time, I like to listen to old Hindi songs.

How has been your professional journey till now ?

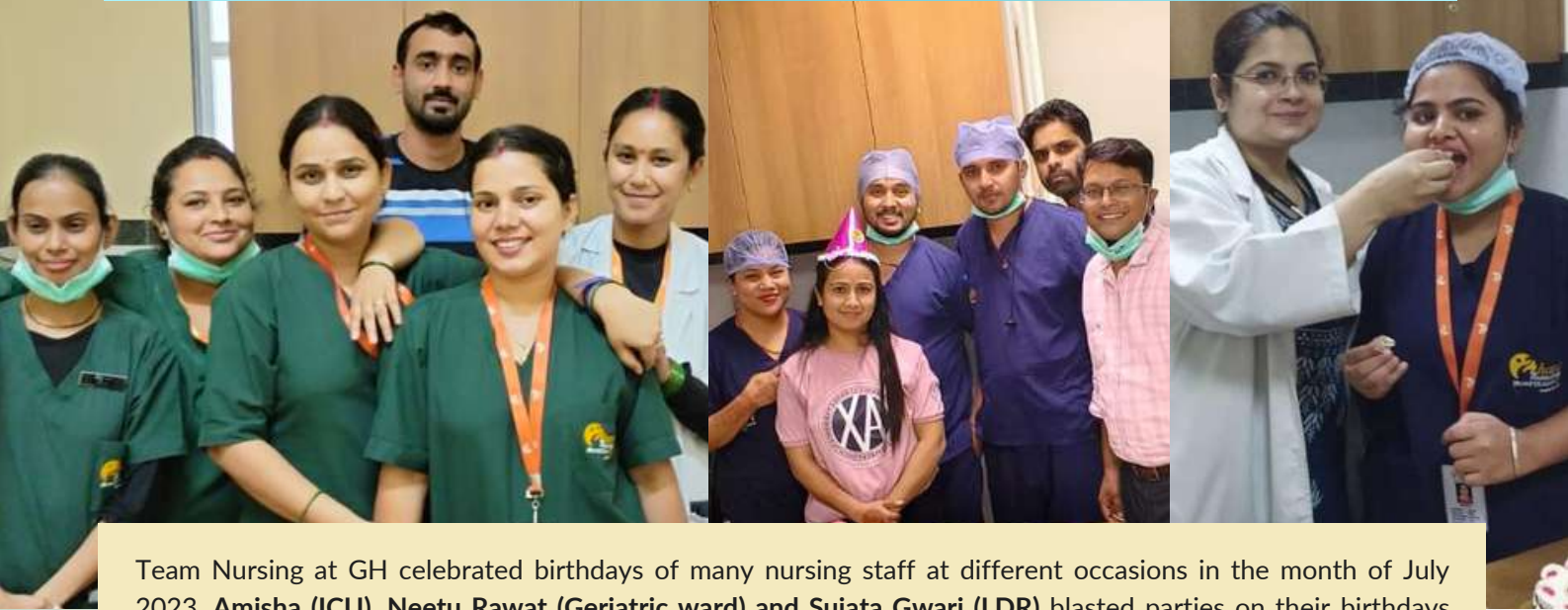
I'm a postgraduate in Material management and having a 12 years of total work experience. Before starting job at THFH, my complete work experience was in manufacturing industry. I started my first job as a Planning associate at Heinz India Pvt in January 2011. Then, I switched to Hamdard India and worked there as an Executive- Stores & Dispatch for 2 years. My 3rd job was in Nuflower Food and Nutrition Pvt Ltd. which manufactures supplementary food for UNICEF/WHO. In September 2017, I joined Hans Foundation General Hospital, as a Senior Executive in SCM department. And currently working here in the capacity of Deputy manager SCM.

Any one proud moment of your Life ?

The proudest moment in my life was when my daughter was born.



EMPLOYEE CORNER



Team Nursing at GH celebrated birthdays of many nursing staff at different occasions in the month of July 2023. Amisha (ICU), Neetu Rawat (Geriatric ward) and Sujata Gwari (LDR) blasted parties on their birthdays respectively on 19th, 17th, and 29th July 2023.



Dr. Aakashdeep celebrated his anniversary with wife Alka Singh, family and colleagues on 11 July, 2023. They have completed 10 years of togetherness.



The younger daughter of Dr. Aakashdeep, Aadya Singh, turned 5 on 13th July this year. The family celebrated her birthday in a closed ceremony at home.

Our best wishes to everyone



MONTHLY BIRTHDAY CELEBRATION @ GH-SATPULI

EMPLOYEE CORNER



TEAM EC'S VISIT TO THFGH

A small group of people from Team EC went to GH for participating in Netra Kumbh held there in the month of July where they enjoyed some sight-seeing and evening team outings after work. Team GH had a well-thought plan of organizing all these activities for Team EC so that they feel relaxed and refreshed after long working hours. Visits like these play a very important role in helping us to build that one team and one THFH culture.



BIRTHDAY CELEBRATIONS!

Our Team members from HR, Finance and EC2 - Srishti, Sanjeev Sharma and Heena celebrated their Birthdays in the month of July on 1st, 10th and 18th July respectively. Each one of them has some unique traits in their personalities which makes them a great team member.

We wish them a very Happy Birthday on behalf of the whole THFEC family.

RECOGNITION



-EMPLOYEE OF THE MONTH (GH & EC)-

CONGRATULATIONS



SACHIN KUMAR SINGH
GH-Front Office

Sachin Kumar Singh joined GH in September 2018 as an executive and presently working as an Assistant Manager. In almost 5 years of working in THF-GH, he has proved his caliber and dedication. We congratulate him for being recognized as Employee of the month and wish him more success ahead.



NANDINI CHADHA
EC-Patient Experience

Nandini has been a part of THFEC family since 2014. During her 9 years of service tenure she has worked in many assignments with complete dedication. Currently she is looking after OPD Management under Patient Experience Department. Nandini loves to spend all her leisure time with her daughter Shree. Nandini has been a great team player throughout her journey here at THFEC. Wishing her all the best for all her future assignments.

RECOGNITION



CONGRATULATIONS

-MOST GROOMED EMPLOYEE (GH & EC)-



DEEPA SHAHI
GH-Front Office



VANDANA
EC-Security

-MOST PUNCTUAL STAFF (GH & EC) -



SANDEEP
GH-Nursing



AMIT
EC-Facilities

NEW BEGINNINGS

HANS NETRALAYA



On the occasion of 9th Anniversary of Hans Netralaya, a New 50 bedded advanced Super speciality Eye Care Hospital was launched and dedicated to the residents of Haridwar and nearby. To start with - a 5-Day Mega Camp was organized from 30th June to 4th July, where a total of 6010 OPDs were done, 3736 optical dispensed, 5161 pharmacy dispensed and a total of 380 surgeries were advised which are being performed at Hans Netralaya these days. We are thankful to our team which has together contributed to make Hans Netralaya the most prestigious and reliable hospital. We are on a never-ending journey of clinical excellence!

HANS KOTDWAR CLINIC



HAPPY NEWS TO THE RESIDENTS OF KOTDWAR AND THOSE NEARBY!

The Hans Foundation Hospitals has established a clinic in Kotdwar, Uttarakhand. The clinic is inaugurated on 27 July in honour of Bhole Ji Maharaj's birthday. Presently, patients are traveling 54 kilometres from kotdwar to the General Hospital Satpuli, but now they do not need to. In the beginning, this clinic will cater only to Eye patients. ENT, General Surgery, Orthopaedics, Obstetrics & Gynae facilities will be started in a structured manner in the future. To start with, a three-day camp was organised in Kotdwar clinic where total 2015 OPD were done. 1475 optical dispensed, 1888 pharmacy dispensed, and total 293 surgeries were advised. These surgeries advised from Kotdwar clinic will be done in both THFEC and THFGH as this clinic will be the first joint-venture of both the hospitals together.

NEW JOINEES

GH & EC

Welcome



ARNAB SANYAL

HR & Admin

JOINED BACK

Arnab Sanyal had worked at THFH from August 2018 to Jan 2023. Now he has joined back at THFH (HR & Admin).



ANMOL NAITHANI

GH-Patient Discharge

NEW JOINEES



DR. GEETA MEHRA

GH-Anesthesia & Critical Care



ROHIT KUMAR

GH-Ophthalmology

INTERNAL TRANSFER FROM EC TO GH



SONU

GH-Food and Beverage

CELEBRATION



Dance Performances



Team Awesome Award



5 years Award



10 years Award



Excellence Award



Long Service Award



Skits



Behind the scenes award



Fun Games



A grand ceremony was organized to celebrate THFEC's 9th Anniversary and successful launch of the New Hospital on 5th of July, 2023 after the completion of the 5 Day Launch Camp. During the ceremony various activities including singing and dance performances, skits, fun games and quizzes were organized. Rewards and Recognition Program was conducted where Awards were given to employees in various categories including Long Service Awards, Behind the Scenes awards and Excellence Awards.

CELEBRATION



20th JULY, 2023

OT TECHNICIAN DAY

GH-Satpuli



EC-Haridwar



OT Technician's day was celebrated at THFEC for recognizing the efforts and dedication of our OT Team that works hard to deliver quality experience and best surgery outcomes to our Patients. Cheers to them!

FUN FRIDAYS @ EC-HARIDWAR

Winners-Nandini & Damini



Our HR Team has launched Fun-Friday activities where a new fun activity is conducted for employees for a duration of 15-20 minutes every Friday which they can perform from their desk. Winners are announced and rewarded after the completion of activity.

1st JULY, 2023

DOCTOR'S DAY

Celebrating Resilience and Healing Hands.

GH-Satpuli



EC-Haridwar

MEDICAL QUIZ

CHECK YOUR MEDICAL TRIVIA

1. Another name for the ankle bone is the ?

- a Tarsus
- b Metatarsus
- c Calcaneus
- d Talus

2. The topographic term used to describe the back surface of the body ?

- a Exterior
- b Anterior
- c Posterior
- d Inferior

3. Which of the following vertebrae are found in the neck?

- a Cervical
- b Lumbar
- c Sacral
- d Coccyx

4. Which of the following vessels does NOT carry blood back to the heart ?

- a Inferior venae cavae
- b Superior venae cavae
- c Pulmonary artery
- d Pulmonary vein

5. A prominence called the olecranon process is found on the ?

- a Knee
- b Hip
- c Elbow
- d Shoulder

6. Together, the right and left lungs contain how many lobes?

- a 6
- b 2
- c 5
- d 3

7. The system responsible for body movement and body shape is the ?

- a Musculoskeletal system
- b Skeletal system
- c Nervous system
- d Muscular system

8. Which of the following systems is responsible for releasing chemicals that regulate body activities ?

- a Skeletal
- b Cardiovascular
- c Nervous
- d Endocrine

9. The most distal three or four vertebrae form the ?

- a Coccyx
- b Sacrum
- c Ilium
- d Ischium

10. What is another name for the clavicle?

- a Rib cage
- b Funny bone
- c Collar bone
- d Breast Bone

11. What set of nerves is responsible for carrying information from the body to the brain?

- a Sensory
- b Motor
- c Cranial
- d Vetebtral

1. D 2. C 3. A 4. C 5. C 6. C 7. A 8. D 9. A 10. C 11. A

DID YOU KNOW



1844: Irish physician Francis Rynd invented the hollow needle and used it to make the first recorded subcutaneous injections, specifically a sedative to treat neuralgia.

1853: Charles Pravaz and Alexander Wood independently developed medical syringes with a needle fine enough to pierce the skin.





Team Achievement



परम पूजनीय श्री भोले जी महाराज
करुणामयी माताश्री मंगला जी

We are Proud to announce that
THE HANS FOUNDATION GENERAL HOSPITAL
has successfully upgraded it's **NABH Accreditation**
from SHCO (less than 50 beds) to HCO (200 beds)



National Accreditation Board
for Hospital and Health Care Providers

The Seal of Quality, Safety and Wellness.



200
Beds

8
Operation Theatres

11
Medical Intensive
Care Beds (MICU)

8
Surgical Intensive
Care Beds (SICU)

4
Neonatal intensive
care Beds (NICU)

6
Emergency Beds

24
OPD Chambers