

December, 2022

# REFLECTIONS



HANS NETRALAYA, HARIDWAR  
&  
THE HANS FOUNDATION GENERAL HOSPITAL, SATPULI.

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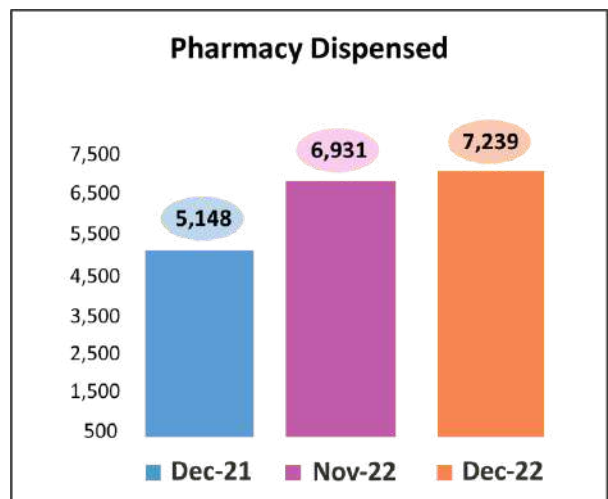
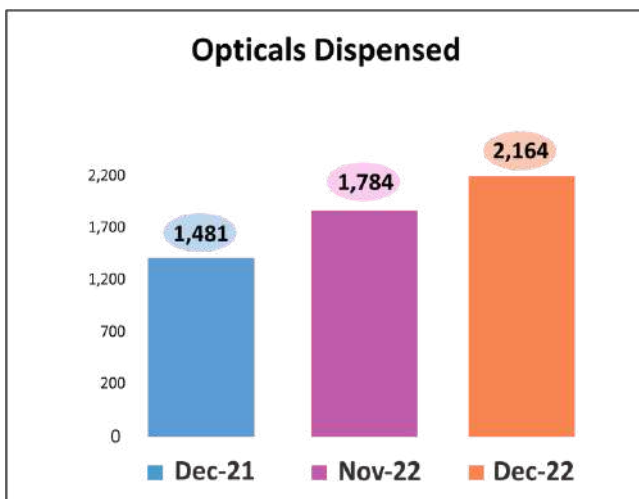
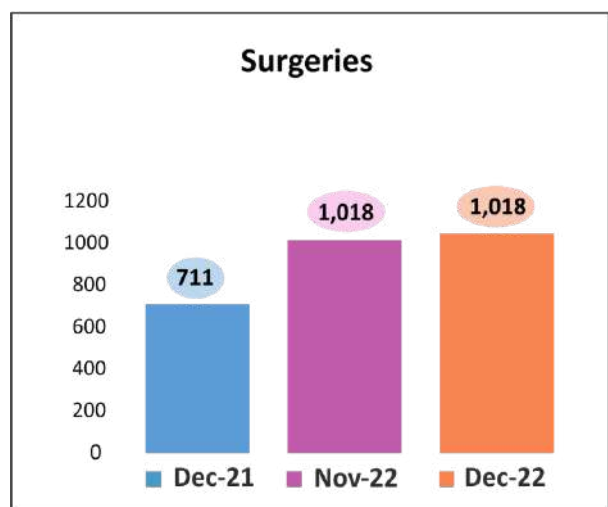
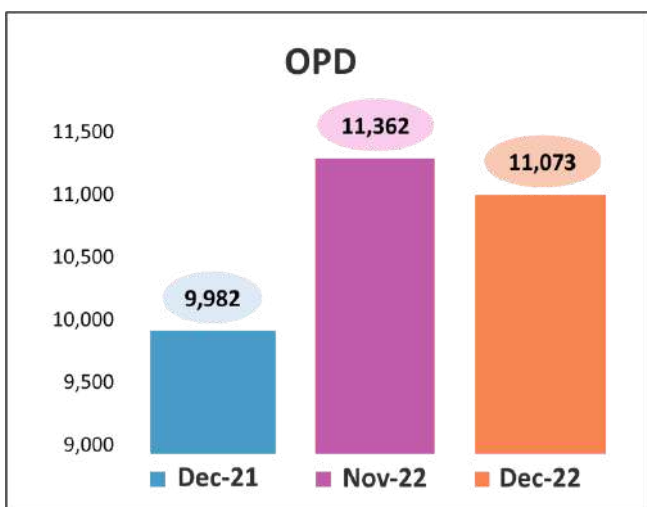
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# EC-Haridwar Highlights

- ★ We did 1,048 surgeries this month.  
EC Haridwar's surgeries performed at GH - 409
- ★ 94% PHACO surgeries this month and 6% SICS.  
Painless surgery has considerably impacted the patient experience.
- ★ OPD numbers this month : 11,073
- ★ New Patients % this month : 45%
- ★ Stay time of appointment patients in the Hospital : 30 minutes.
- ★ 61% Day care surgeries.  
Patient walked in for OPD Consultation and also got eye surgery on the same day.
- ★ Pharmacy dispensing this month : 7,239
- ★ Pharmacy conversion % this month : 54%
- ★ Optical dispensed this month : 2,164
- ★ Optical conversion % this month : 69%

# Data Snapshot of EC-Haridwar



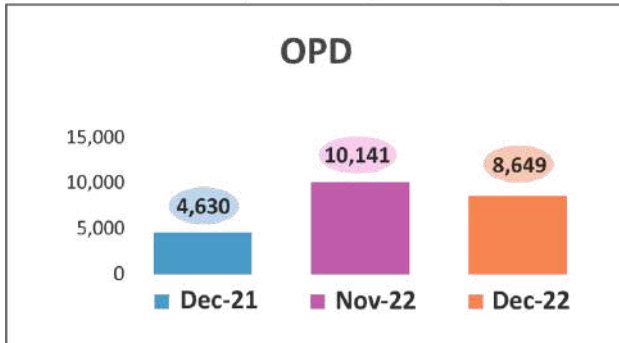


# GH-Satpuli Highlights

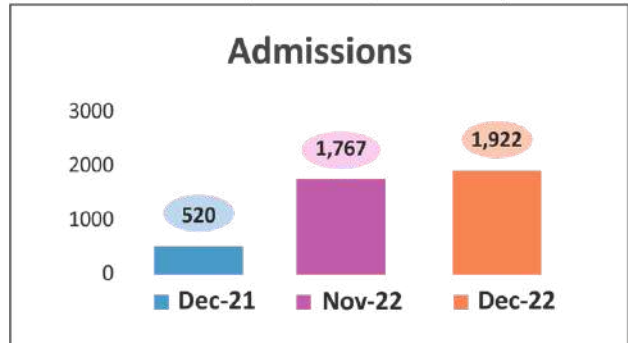
- ★ Total OPD : 8,649
- ★ Total Admissions : 1,922
  - Ophthalmology : 1,569
  - Internal Medicine : 195
  - General Surgery : 66
  - Orthopedics : 81
  - ENT Surgery : 8
- ★ Total Surgeries : 1,486
  - Ophthalmology Surgeries : 1,405
  - General Surgeries : 45
  - Orthopedics : 27
  - ENT Surgery : 9
- ★ New Patient % this month : 61%
- ★ Outreach clinics this month : 98 (Ophthal & Geriatrics)
- ★ Outreach Clinic OPD's : 3,219 (Ophthal & Geriatrics)
- ★ Total no. ICU Patients : 114
- ★ Dialysis : 125
- ★ Emergency Footfalls : 177
- ★ Radiology : 3,141
  - CT- Scan : 185
  - X-Ray : 2,521
  - Ultrasound : 435

# Data Snapshot of GH-Satpuli

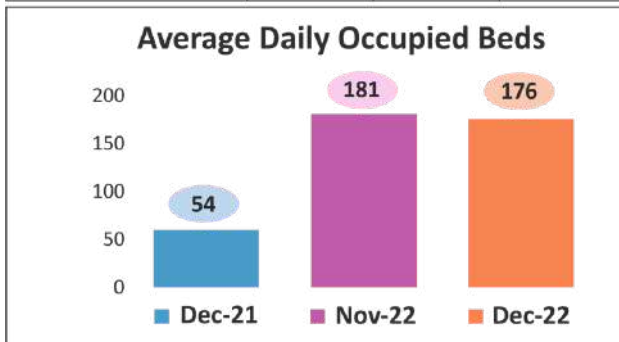
Month	Dec-21	Nov-22	Dec-22
OPD	4,630	10,141	8,649



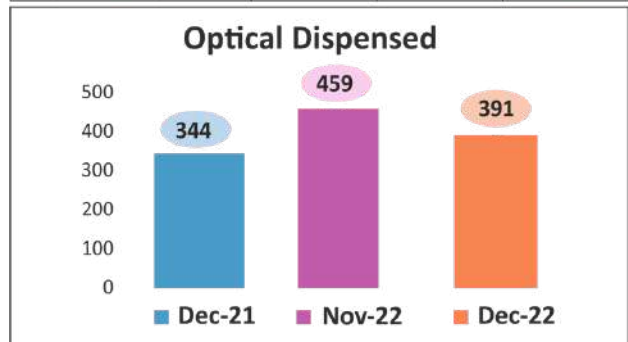
Month	Dec-21	Nov-22	Dec-22
Admissions	520	1,767	1,922



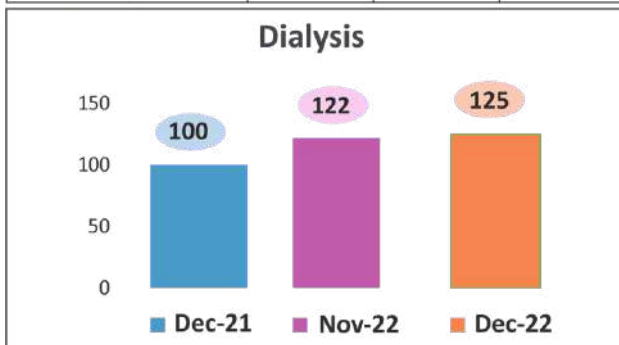
Month	Dec-21	Nov-22	Dec-22
Average Daily Occupied Beds	54	181	176



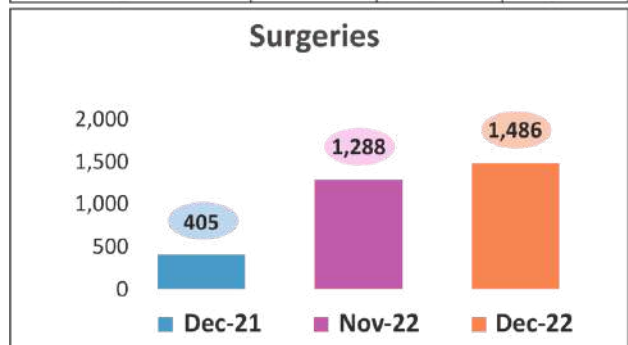
Month	Dec-21	Nov-22	Dec-22
Optical Dispensed	344	459	391



Month	Dec-21	Nov-22	Dec-22
Dialysis	100	122	125



Month	Dec-21	Nov-22	Dec-22
Surgeries	405	1,288	1,486





# हर घर स्वास्थ्य की दस्तक



# Outreach Department

GH -Satpuli

दूर-दराज के उन रोगियों तक पहुँचने के उद्देश्य से जो परिवहन की अनुपलब्धता, परिवार के समर्थन आदि बाधाओं के कारण स्वयं अस्पताल नहीं पहुँच सकते, जुलाई 2021 में आउटरीच टीम का गठन किया गया।



हमारी आउटरीच टीम की शुरुआत केवल 4 सदस्यों के साथ हुई जिनका स्पष्ट उद्देश्य गढ़वाल के उन कठिन दूरवर्ती क्षेत्रों तक पहुंचना था जहां लोगों को चिकित्सा देखभाल की तत्काल आवश्यकता थी। हमने शुरुआत में केवल नेत्र रोगियों को ढूंढना शुरू किया | आउटरीच टीम द्वारा मरीजों को एम्बुलेंस से अस्पताल लाया जाता है और उनकी सर्जरी की जाती है। सर्जरी के बाद मरीजों को उनके गांव तक छोड़ा जाता है। लेकिन जल्द ही यह महसूस किया कि इन वृद्ध लोगों को केवल आंखों के इलाज के बजाय व्यापक चिकित्सा देखभाल की आवश्यकता है | और इस कारण अस्पताल के Geriatric department (वरिष्ठ नागरिक स्वास्थ्य केंद्र) का जन्म हुआ।

Year	Ophthal		Geriatric		Total	
	No. of Camps	OPD	No. of Camps	OPD	Camps	OPD
2021	275	29075	2	269	277	29344
2022	586	46486	126	12929	712	59415
	861	75561	128	13198	989	88759



आज हमारी आउटरीच टीम में 20 से अधिक सदस्य हैं जो प्रतिदिन कड़ी मेहनत कर रहे हैं और अधिक से अधिक रोगियों तक पहुंचकर उनका जीवन बदल रहे हैं। इस टीम ने 2021 और 2022 में संयुक्त रूप से पौड़ी, अल्मोड़ा, चमोली, रुद्रप्रयाग, टिहरी, उत्तरकाशी जैसे जिलों के 700 से अधिक गांवों में चिकित्सा शिविर लगाए।



## सेवा भी सम्मान भी



## सेवा भी मनोरंजन भी



सेक्युरिटी से "पेशेंट केयर" में आये  
हमारे साथी पेशेंटस का मनोरंजन करते हुए ।

बुजुर्गों के साथ थोड़ा समय बिताईये साहेब उन्हे दवाई से  
ज़ियादा आपके प्यार और साथ की ज़रूरत है ।



# Know Your Colleague

EC-Haridwar



**आपका पूरा नाम:** अंकित सिंह  
**जन्म तिथि:** 5 अगस्त  
**पसंदीदा अभिनेता:** अक्षय कुमार  
**पसंदीदा फिल्में:** चुपचुप के, खट्टा मीठा  
**पसंदीदा रंग:** नीला  
**पसंदीदा खाना:** रोटी सब्जी  
**पसंदीदा यात्रा स्थान:** केदारनाथ

THFH में होने के लिए आपको क्या प्रेरित करता है ?  
मरीजों की अच्छे से देखभाल करना, और हम किसी न किसी रूप में मरीजों की सेवा कर सके ।

कृपया हमें अपने परिवार के बारे में कुछ बताएं ?  
मेरे परिवार में हम 5 लोग हैं। मैं ,मम्मी, पापा, भाई और भाभी।

आपकी प्रेरणा और आदर्श कौन है ?  
मेरी प्रेरणा और आदर्श मेरे मां, पिताजी है। ।

आप अपने खाली समय में सबसे ज्यादा क्या करना पसंद करते हैं ?  
मुझे अपने खाली समय में गाना सुनना पसंद है।

सहकर्मियों के लिए कोई संदेश ?  
अपने साथियों के लिए मेरा एक ही संदेश है ईश्वर ने हमें सेवा के लिए चुना है अपने पद पर सदैव अग्रसर रहें ।



# Know a Department – Transport Services

GH –Satpuli & EC–Haridwar

Transport Services are one of the most important **pillars of Patient Service for GH and EC. Transport of patients in Hilly Terrains is the most tedious task which is carried out at both units with a team of drivers.**

## Pillars of Patient Service for GH and EC



**We are proud to have a team of these highly skilled drivers who drive almost 55,000 kms every month in GH and 15,000 Kms every month in EC to transport patient and staff to farthest terrains in Uttarakhand.**

The transport services has **6 buses** which can seat **132 patients** , **4 ambulances** and **8 vehicles** in GH and **4 vehicles**, **1 Ambulance** and **1 bike** in EC.

*We want to congratulate our Transport Champions for their hard work and their contribution in Patient Service each day.*

# Employee Corner

GH-December, 2022

## Staff on Vaction



**Dr. Shubhanjali Joshi**, our senior Consultant went to Burj Khalifa, Dubai to have a good family time and unwind her mind from the busy work schedule.



**Rajat Chauhan** from HR Department, GH Satpuli blessed with a baby girl.

**GENERAL  
WARD  
INTERNAL  
Employee  
of the  
December  
month.**



## Wedding Bells



**Shailesh Chandra**, Executive – Camps and Outreach, GH Satpuli married to Karishma on day of 8 December 2022.



Two of our GH staff named **Deepika Bhandari**, Deputy Manager Operations and **Sohan Singh**, ICU incharge tied there knots in Dehradun on 2nd December 2022.

# Employee Corner

EC-December, 2022

**One of the oldest member of THFEC family, Heena Arora celebrated her Daughter's first birthday!**



**Heena and family celebrated her beloved daughter Ragya's first birthday on the 6th of December 2022 with great pomp and joy.** The whole team was invited to the celebration which was attended by many of them. We, on behalf of the whole Team wish the little one a healthy life and a bright future ahead!

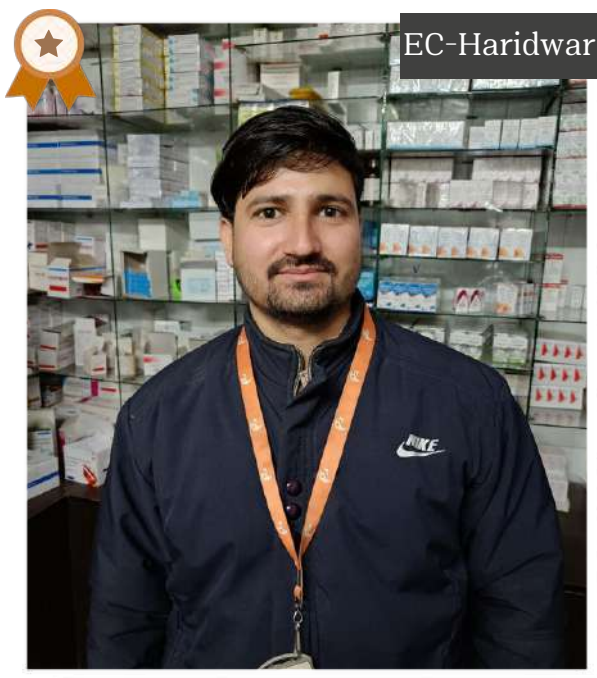


**Our hardworking and sincere employee Surendra Dhiman got a new Car!**

Surendra is one of the most hardworking and sincere employees we have. He joined THFEC back in 2016 as a Driver but as a result of his hardworking & positive attitude he is now working as an OPD Coordinator. We wish him more success in the near future.

# Employee of the Month

*Congratulation for this achievement!*



**Manoj is working with THFH since November 2019 as a Senior Pharmacist.** He is known amongst his colleagues for his 'serious & steady' personality.

*Congratulations for him for being chosen as Employee of the month. We wish for his bright and long career with us.*



**Jaydeep Singh Rawat is working as a Radiographer in Radiology department of General Hospital, Satpuli since December 2013.** He is the oldest employee of the department and known for his sincerity and commitment for his work.

*Congratulations for him for being chosen as Employee of the month. We wish for his bright and long career with us.*



# Embodiment of THFH Values

निर्विवाद ईमानदारी

GH-Satpuli



**Unquestionable  
Integrity**  
निर्विवाद ईमानदारी



Unquestionable integrity in every action and every thought. We will make decisions which are moral and ethical even in the face of tricky situations.

Devender Singh Negi has been working in the Laundry Department at Gh, Satpuli since April 2019.

On December 23, one of the staff accidentally left Rs. 10,000 in his pocket which was sent to laundry. His display of unquestionable integrity by returning this Rs. 10,000 with clean laundry makes us all feel so proud of him.

*Integrity is doing the right thing even when no one is watching!!*

# New Joinees

Welcome

## INTERNAL TRANSFER FROM- GH TO EC



**Uday Singh**  
EC-Facility



**Minakshi**  
EC-Nursing

## INTERNAL TRANSFER FROM- EC TO GH



**Prakash Chandra Nautiyal**  
GH-Project and Maintenance



**Vinod Singh Rawat**  
GH-OT Technician



**Rahul Arya**  
EC-Facilities

## NEW JOINEES



**Karishma**  
GH-Technician



**Soban Singh**  
GH-Driver



**Nidhi Sharma**  
GH-Deputy Manager



**Prabhakar Maurya**  
GH-OT Technician



**Dushyant Kumar Singh**  
GH-Biomedical Engineer



**Santosh**  
EC-Front Office



**Sonam**  
EC-HR



**Minakshi**  
EC-Counselling



# Celebrations

*Congratulation for this achievement!*

**THFEC celebrated Tulsi Poojan, Christmas and New Year's Eve on 24th, 25th and 31st Dec respectively with great enthusiasm.**

## Tulsi poojan



Tulsi poojan is the day when the sacred tulsi plant is planted and worshipped. It is believed that the **tulsi plant carries medicinal powers and can bring health and prosperity to those who use it.**

## New Year's Eve

New Year's Eve was celebrated with fun activities and dancing around the bonfire on the **31st of December**. The team played fun games and enjoyed dancing to the tunes of Garhwali and Punjabi music. The team bade farewell to 2022 and collected new hopes and energy to **welcome 2023 as a more successful year!**



## Christmas



An event was organized at THFEC on the occasion of Christmas where all THFEC members has received a gift from one of their colleagues who acted as **Secret Santa for them! Isn't it fun?**

**MERRY CHRISTMAS**

# Do You Know ?

OFTEN REFERRED TO AS  
“TOOTH-IN-EYE” SURGERY,  
OSTEO-ODONTO-KERATOPROSTHESIS TRUSTED SOURCE  
(OOKP)

is just that – using a tooth to restore a patient’s sight.

