



September 2023

REFLECTIONS

HANS NETRALAYA, HARIDWAR
&
THE HANS FOUNDATION GENERAL HOSPITAL, SATPULI



Teacher's Day Celebration at GH-Satpuli

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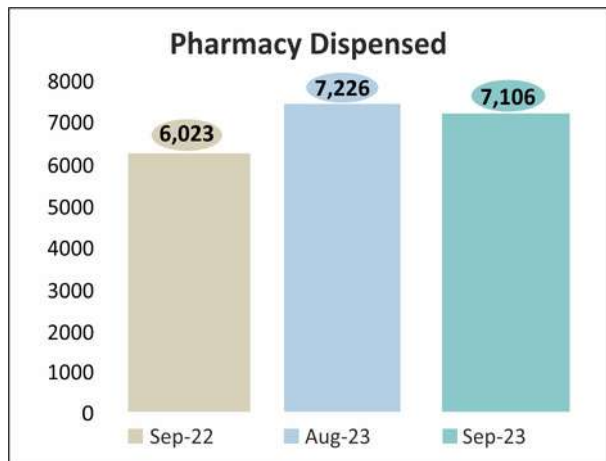
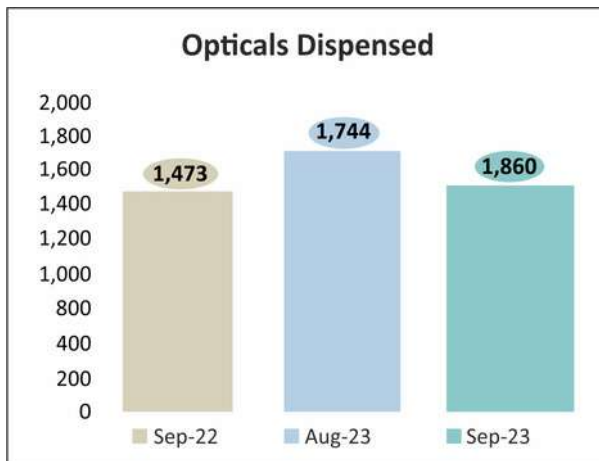
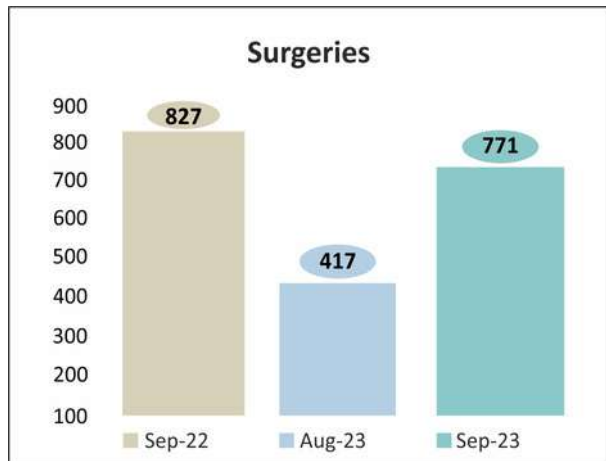
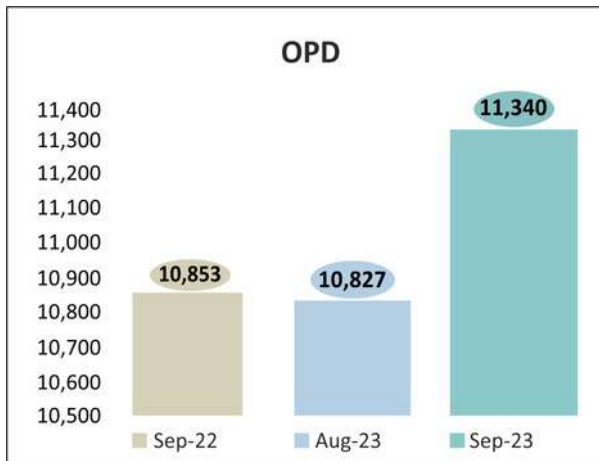




EC-HARIDWAR HIGHLIGHTS

- We did **771 surgeries** this month.
EC Haridwar's surgeries performed at GH - 410
- **90% PHACO surgeries** this month and **10% SICS**.
Painless surgery has considerably impacted the patient experience.
- OPD numbers this month : **11,340**
- New Patients % this month : **48%**
- Stay time of appointment patients in the Hospital : **33 minutes**.
- **53%** Day care surgeries.
Patient walked in for OPD Consultation and also got eye surgery on the same day.
- Pharmacy dispensing this month : **7,106**
- Pharmacy conversion % this month : **60%**
- Optical dispensed this month : **1,860**
- Optical conversion % this month : **66%**

DATA SNAPSHOT OF EC-HARIDWAR





GH-SATPULI HIGHLIGHTS

- Total OPD : **12,278**
- Total Admissions : **2,012**

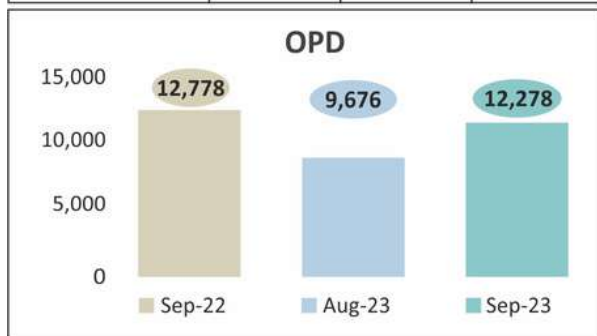
Ophthalmology	: 1,414	General Surgery	: 156
Internal Medicine	: 239	Obstetrics Gynaecology	: 39
Orthopedics	: 66	Pediatrics	: 43
ENT	: 55		
- Total Surgeries : **1,021**

Ophthalmology	: 817
Orthopedics	: 25
General Surgery	: 114
Obstetrics & Gynaecology	: 23
ENT	: 42
- New Patient % this month : **51%**
- Dialysis : **164**
- Emergency Footfalls : **357**
- Total Deliveries : **19**
- Radiology : **4,489**

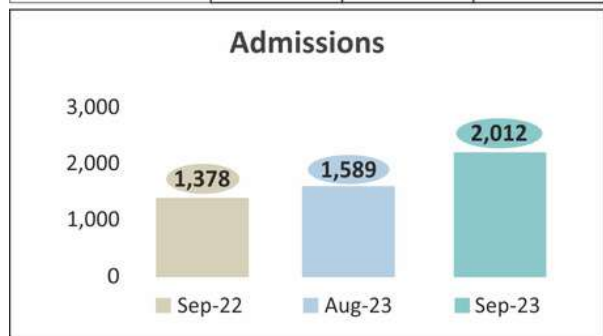
CT-Scan	: 425
X-Ray	: 3,499
Ultrasound	: 565

DATA SNAPSHOT OF GH-SATPULI

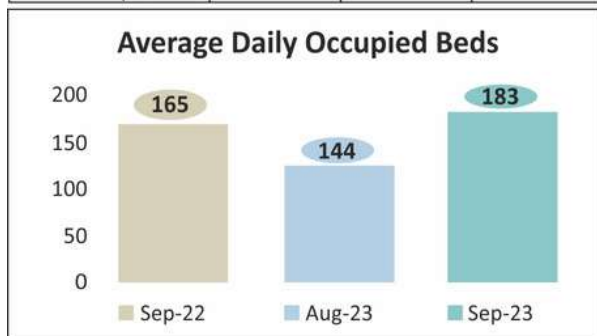
Month	Sep-22	Aug-23	Sep-23
OPD	12,778	9,676	12,278



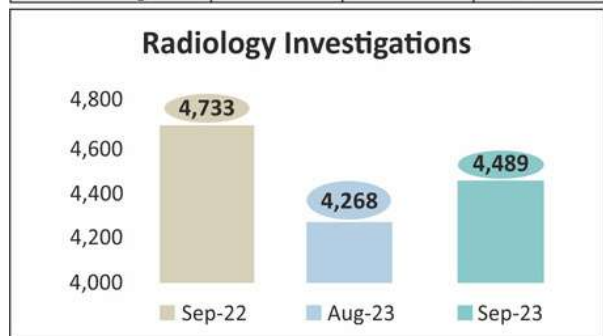
Month	Sep-22	Aug-23	Sep-23
Admissions	1,378	1,589	2,012



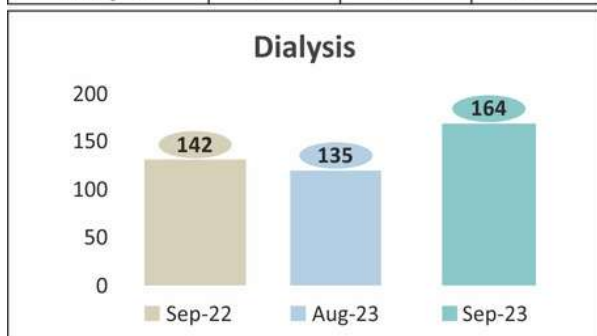
Month	Sep-22	Aug-23	Sep-23
Average Daily Occupied Beds	165	144	183



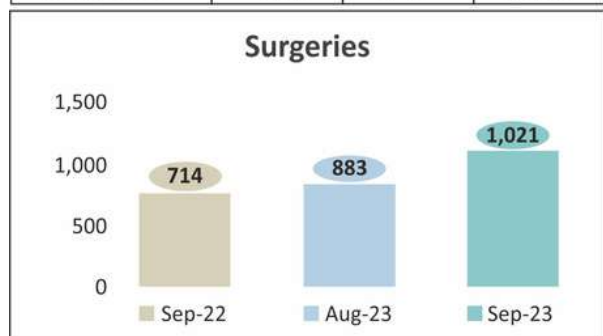
Month	Sep-22	Aug-23	Sep-23
Radiology Investigations	4,733	4,268	4,489



Month	Sep-22	Aug-23	Sep-23
Dialysis	142	135	164



Month	Sep-22	Aug-23	Sep-23
Surgeries	714	883	1,021



EC-3 OUTREACH PROGRAM

EC-HARIDWAR

Health for all is more than simply a mission statement for us; it is something we truly believe in. To assist patients from rural areas who are unable to go to the hospital facility because of financial or social restraints, our outreach teams knock on their doors and conduct camps to determine the prevalent vision ailments amongst them. Medicines and spectacles are provided based on their needs. **Patients identified for surgeries are subsequently transported to the hospital by hospital vehicle, where the necessary surgeries are performed by our highly skilled ophthalmologists.**

EC-Haridwar



This program began in April 2023 with only one team, however due to the scale of required patient care in Haridwar district outreach regions, this campaign revamped, and another team joined it in September 2023. **As a result, teams of six people are dedicated to touching on every element of these patients' lives, including backend tasks like counselling, travel, stay & food arrangements, necessary documentation, and providing an exceptional patient experience.**

This department has contributed nearly **10,000 OPDs and 1,346 surgeries** since its start. **286 surgeries** were done in the month of September only. These procedures are performed in both the EC and the GH.

At present, EC-3 is running its outreach campaign in Haridwar and Muzaffarnagar districts.

CLINICAL EXCELLENCE

EC-HARIDWAR

ARTIFICIAL EYE IN BLIND PATIENTS



BEFORE

RE ANTERIOR
STAPHYLOMA
& PAINFUL BLIND EYE



AFTER

RE EVISCERATION
WITH ARTIFICIAL
EYE IMPLEMENTED



BEFORE

LE PERIPHERAL CORNEAL
ULCER & PAINFUL
BLIND EYE



AFTER

LE EVISCERATION
WITH PMMA ARTIFICIAL
EYE IMPLEMENTED



BEFORE

RE RTA WITH FACIAL
ASYMMETRY



AFTER

RE EVISCERATION
WITH ARTIFICIAL
EYE



BEFORE

LE PERIPHERAL
CORNEAL
ULCER &
PAINFUL BLIND EYE



AFTER

LE EVISCERATION
WITH PMMA ARTIFICIAL
EYE IMPLEMENTED



BEFORE

RE ANTERIOR
STAPHYLOMA
& PAINFUL BLIND EYE



AFTER

RE EVISCERATION
WITH ARTIFICIAL
EYE IMPLEMENTED



BEFORE

LE RTA TOTAL
IRIS PROLAPSE



AFTER

LE EVISCERATION
WITH ARTIFICIAL
EYE IMPLANTED

KNOW YOUR COLLEAGUE

GH-Satpuli



प्रीती बिष्ट रावत नर्सिंग डिपार्टमेंट

जन्म तिथि:

15 सितम्बर

पसंदीदा खाना:

घर का बना दाल भात सब्जी आचार सलाद

यात्रा करने के लिए आपकी पसंदीदा जगह:

मुंसियारी

आपने यह प्रोफेशन क्यों चुना ?

क्योंकि मुझे मम्मी की तरह मेडिकल लाइन में जाना था।

THFH के बारे में आपको सबसे अधिक क्या पसंद है ?

जब मुझे हॉस्पिटल में भर्ती मरीज उनके छोटे छोटे काम करने के बाद भी आशीर्वाद देकर जाते हैं।

कृपया हमें अपने परिवार के बारे में कुछ बताएं ?

मेरे पहले परिवार में मां, भाई, भाभी और दो बहनें हैं।

मेरे ससुराल में दादी सास, सास, पति और एक प्यारी बेटी है। और एक देवर है जिसकी अक्टूबर में शादी है।



आपकी प्रेरणा और आदर्श कौन है ?

मेरी माँ मेरी प्रेरणा हैं क्योंकि वह बहुत सशक्त महिला हैं।

आप अपने खाली समय में सबसे ज्यादा क्या करना पसंद करते हैं ?

खाली समय में बेहिसाब गाने सुनती हूँ।

आपकी प्रोफेशनल यात्रा ?

2015 में, मैंने अपनी नर्सिंग की डिग्री पूरी करने के बाद एक नर्सिंग अधिकारी के रूप में SRHU के साथ काम करना शुरू किया। मैं वहां तीन साल तक थी | फिर, सतपुली के पास शादी होने के बाद, 2018 में मैंने यहाँ GH में ज्वाइन किया स्टाफ नर्स के रूप में और 2021 में सीनियर स्टाफ नर्स के रूप में पदोन्नत हुई। और इस साल, मुझे डिप्टी मैनेजर के पद पर पदोन्नत किया गया है।

आपके जीवन का कोई गौरवपूर्ण क्षण ?

वो हर वक्त गौरवपूर्ण लगता है जब कोई बोलता है वो बहुत अच्छा काम करती है।

EMPLOYEE CORNER



🌟 BIRTHDAY CELEBRATIONS 🌟

Like every other birthday in the **nursing team**, **Radhakrishan Bahuguna (Emergency nursing Incharge)** and **Komal Sharma (Nursing Supervisor)** celebrated their birthday bashes with so much fun on **10th September and 18th September**, respectively. In the small gathering of nursing team, doctors and few other office friends their birthdays were celebrated by cutting their favourite cakes along with the samosa party.

We extend our warmest wishes to **Radhakrishan and Komal on their birthdays** and express our gratitude for their contributions to our team. **May the year ahead be filled with success, happiness, and countless reasons to celebrate for both.**



🌟 HAPPINESS JUST BORN 🌟

Dr. Nisha Bhimsaria (Consultant-Medical Quality) and **Dr. Sanket Raj (Consultant-Internal Medicine)** are blessed with **baby girls** in the month of September - August, respectively.

Congratulations to both the families on the arrival of your little bundle of joy!

We wish you a few extra hours of sleep with a lifetime of happiness, laughter, and cherished memories.

EMPLOYEE CORNER



✿ MEET OUR LITTLE RADHA & KRISHNA WHILE CELEBRATING JANMASHTAMI ✿

On the occasion of Krishna Janmashtami, it was delightful to hear about Sarita, Lakpa & Nandini children's dressing up as Radha and Krishna and celebrating with their family. This must have been a beautiful and heartwarming sight.



A JOYOUS CELEBRATION KINSHUK'S DAUGHTER'S BIRTHDAY

Kinshuk, one of our employees from Lab, recently celebrated his **daughter's birthday** with his family. It was a joyous occasion filled with love, laughter, and lots of fun. It was a memorable celebration that created lasting memories for Kinshuk's daughter and brought the family closer together.



✿ BIRTHDAYS ARE ALWAYS SPECIAL ✿

A Memorable Birthday Celebration for Antima from the Front Office

Birthdays are always special occasions, filled with joy, laughter, and cherished memories. Recently, one of our own, **Antima** from the front office, celebrated her birthday in a truly delightful way, surrounded by her loving family and colleagues.

Antima's colleagues had prepared a delicious birthday cake, adorned with candles representing her special day.

We extend our warmest wishes to Antima on her birthday. May the year ahead be filled with happiness, & countless reasons to celebrate!

RECOGNITION

Employee of the month - GH & EC

Congratulations



Sohan

GH - Nursing

Sohan began working at THF-GH in October 2019 as an ICU staff nurse. He is a flexible and goal-oriented team player. He was promoted from staff nurse to senior staff nurse for his efforts in patient care, and he now works as an ICU in-charge. Congratulations on being named Employee of the Month. We wish him a successful and long career with us.



Sahil Saxena

EC - Counselling Dept.

Sahil joined EC in September 2021 in Front Office department. In December 2022 he was given the role of counsellor in EC-2 department and in April 2023 he has been shifted to EC-1 counselling. Sahil is a dedicated and compassionate counsellor who goes above and beyond to provide support to our Patients. He exhibits remarkable empathy and understanding, making patients feel heard and valued during their counselling. Furthermore, Sahil actively contributes to a positive work environment by collaborating with his colleagues.

RECOGNITION

Congratulations

Most Groomed Employee - GH & EC



Amisha Chauhan

GH - Nursing



Manoj Singh Payal

EC - Pharmacy

Most Punctual Staff - GH & EC



Satpal Singh

GH - Nursing



Soniya Yadav

EC - Front office & Billing

Most Hard Working Staff of EC-Haridwar



The housekeeping staff is recognized for the hard work they are putting in to keep our hospital shine.

NEW JOINEES & TRANSFERS

GH & EC

NEW JOINEES - WELCOME TO OUR TEAM



Mohini Betab
EC-Infection control Nurse



Ravi Raj
GH-Nursing



Dr. Anjali
GH-Microbiology



Dr. Prabhat Kumar
GH-Clinical Services



Dr Shubham
GH-Clinical Services

INTERNAL TRANSFERS

GH TO EC



Nisha Rani
EC-Nursing



Durgesh
EC-SCM

EC TO GH



Simran
GH-Nursing

OUTSOURCE TO ON-ROLL



Pramod
EC-Security



Suresh Chand
EC-Security

प्रथम हंस शिक्षक आभार दिवस

5 सितम्बर (मंगलवार) 2023

द हंस फाउंडेशन जनरल अस्पताल चमोलीसैण, सतपुली में शिक्षक दिवस धूमधाम से मनाया गया। कार्यक्रम का शुभारंभ सभी स्कूलों के प्रधानाचार्य द्वारा द्वीप प्रज्वलित कर किया गया। आयोजित कार्यक्रम में शिक्षकों के मनोरंजन के लिए कई मजेदार खेल, क्विज़ प्रतियोगिता, रैंप वॉक और अन्य मनोरंजक गतिविधियाँ आयोजित की गईं जिसका सभी शिक्षकों ने भरपूर लुफ्त उठाया। आयोजन में शामिल विभिन्न स्कूलों से आए सभी शिक्षकों और सतपुली के आसपास के क्षेत्र के कुछ सामाजिक कार्यकर्ताओं ने इस विषय पर चर्चा की कि शिक्षक कैसे शिक्षा में बदलाव ला रहे हैं और वैश्विक स्तर पर शिक्षण के लिए आगे के रास्ते पर कैसे पुनर्विचार किया जाए।

हंस अस्पताल की तरफ से वीरेंद्र और टीम द्वारा शिक्षण और शिक्षकों के महत्व को दर्शाने के लिए एक हास्य नाटिका प्रस्तुत की गई, जिसकी सभी ने सराहना की। गढ़वाल क्षेत्र के शिक्षकों के लिए समर्पित यह अपनी तरह का पहला आयोजन था। सभी ने हंस हॉस्पिटल की इस पहल की सराहना की।



कार्यक्रम में शामिल होने वाले स्कूलों में राजकीय महाविद्यालय सतपुली, सरस्वती शिशु मंदिर, विद्या मंदिर, ग्रीन पब्लिक स्कूल, मॉडर्न पब्लिक स्कूल, राजकीय आदर्श इंटर कॉलेज कन्या हाईस्कूल, प्राथमिक विद्यालय सतपुली, राजकीय प्राथमिक विद्यालय बडखोल्, न्यू होपचिल्ड्रन एकेडमी जैतोलगांव आदि शामिल हैं।



समारोह के अंत में सभी शिक्षकों एवं समाजसेवियों को समाज में उनके योगदान के लिए सम्मानित किया गया।

CELEBRATIONS

GH & EC

6 Sept, 2023

Janmashtami



GH-Satpuli

17 Sept, 2023

Vishwakarma Puja 2023



EC-Haridwar

19 Sept, 2023

Ganesh Chaturthi



EC-Haridwar

25 Sept, 2023

World Pharmacists Day



EC-Haridwar

GH-Satpuli

Monthly Birthday Celebration GH & EC



GH-Satpuli



EC-Haridwar

WALKING DOWN THE MEMORY LANE-EC & GH

EC-HARIDWAR



MEDICAL QUIZ ?

Check your Medical Trivia

1. "PRURITUS" IS A MEDICAL WORD FOR WHAT ?

- A Itching
- B Nausea
- C Sleeplessness
- D Bleeding

2. WHO IS CONSIDERED THE FATHER OF SURGERY ?

- A Yatindra Mohan Sengupta
- B Chitta Ranjan Das
- C Susruta
- D Chanakya

3. TAMIFLU IS FRONT LINE DRUG AGAINST

- A AIDS
- B Bird Flu
- C Swine Flu
- D Cancer

4. WHICH MIRROR IS USED BY DOCTORS FOR EXAMINING EYES, EARS, NOSE AND THROAT?

- A Concave mirror
- B Convex mirror
- C Normal mirror
- D Plane mirror

5. WHO IS THE FATHER OF MEDICINE?

- A Hippocrates
- B The Beatles
- C Queen Isabella I
- D Diana

6. WHICH ONE OF THE FOLLOWING TYPES OF MEDICINES IS USED FOR TREATING INDIGESTION?

- A Antibiotic
- B Analgesics
- C Antacid
- D Antiseptic

7. WHICH OF THE FOLLOWING IS USED AS VACCINE FOR TETANUS ?

- A Recombivax
- B Toxoid
- C PedvaxHIB
- D Havrix

8. WHO INVENTED CHLOROFORM AS ANAESTHETIC?

- A Edward Jenner
- B James Simpson
- C Alexander Fleming
- D Christian Barnard

1.A, 2.C, 3.B, 4.A, 5.A, 6.C, 7.B, 8.B



Do You

KNOW ?

REGENERATION EXTRAORDINAIRE!

The human body has incredible regenerative powers. For example, your entire brain replaces itself **every 2 months; your liver, every 6 weeks; and your epidermis, every 35 days. Even your stomach lining replaces itself every 3 to 4 days.**

If your body didn't do this, the strong acids used by your stomach to digest food would also digest your stomach! & speaking of your stomach, **did you know that your stomach acids are so strong that they can dissolve razor blades ?**